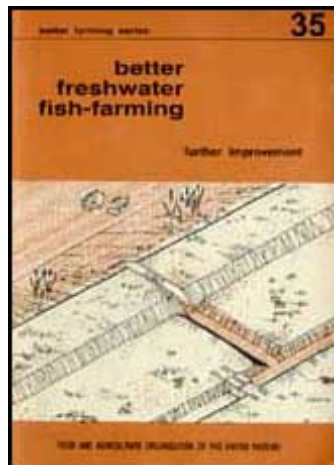



























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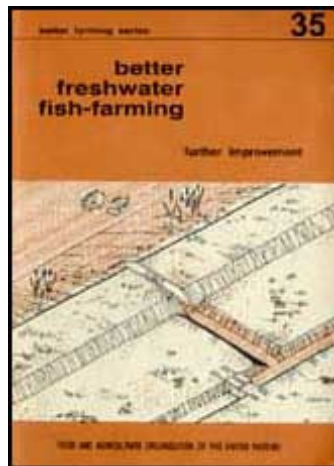
- ➔  Better Farming Series 35 - Better Freshwater Fish Farming: Further Improvement (FAO, 1986, 61 p.)
 -  (introduction...)
 -  Preface
 -  Introduction
 -  (introduction...)
 -  Ways to improve
 -  The ponds
 -  Building even bigger ponds or more ponds
 -  A nursery pond
 -  Filling and emptying smaller ponds
 -  Filling and emptying bigger ponds










- Bringing water to your ponds
 -  Raising the level of your water supply
 -  Digging a supply ditch
 -  Digging a return ditch
 -  Controlling the water in your supply ditch
 -  Filling your ponds
 -  How to fill your ponds
-  Better fertilizing
- The fish
 -  Growing fish all year round
 -  Growing only male fish
 -  Harvesting your fish
 -  Harvesting many fish
 -  Harvesting fish when you have a monk

-  Your farm and your fish- ponds
-  Your fish- ponds and your health



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-  Better Farming Series 35 - Better Freshwater Fish Farming: Further Improvement (FAO, 1986, 61 p.)
- ➔  *(introduction...)*
-  Preface
-  Introduction
-  The ponds
-  Bringing water to your ponds
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Your fish- ponds and your health

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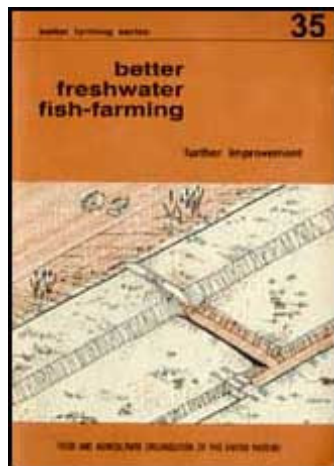
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Better Farming Series 35 - Better
Freshwater Fish Farming: Further
Improvement (FAO, 1986, 61 p.)



(introduction...)



- ➔  Preface
-  Introduction
-  The ponds
-  Bringing water to your ponds
-  Better fertilizing
-  The fish
-  Your farm and your fish- ponds
-  Your fish- ponds and your health

Preface

The first 26 volumes in FAO's Better Farming Series were based on the Cours d'apprentissage agricole prepared in Cte d'Ivoire by the Institut africain de dveloppement conomique et social for use by extension workers. Later volumes, beginning with No. 27, have been prepared by FAO for use in agricultural development at the farm and family level. The approach has deliberately been a general one, the intention being to constitute basic prototype

outlines to be modified or expanded in each area according to local conditions of agriculture.

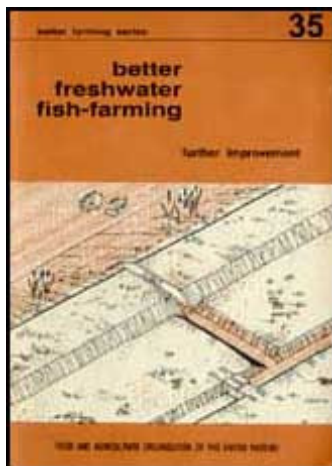
Many of the booklets deal with specific crops and techniques, while others are intended to give the farmer more general information which can help him to understand why he does what he does, so that he will be able to do it better.

Adaptations of the series, or of individual volumes in it, have been published in Amharic, Arabic, Bengali, Creole, Hindi, Igala, Indonesian, Kiswahili, Malagasy, SiSwati, Thai and Turkish. This volume has been prepared by the Inland Water Resources and Aquaculture Service, Fishery Resources and Environment Division.

Requests for permission to issue this manual in other languages and to adapt it according to local climatic and ecological conditions are welcomed. They should be addressed to the Director, Publications Division, Food and Agriculture Organization of the United Nations, Via delle Terme di Caracalla, 00100 Rome, Italy.



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Introduction



(*introduction...*)

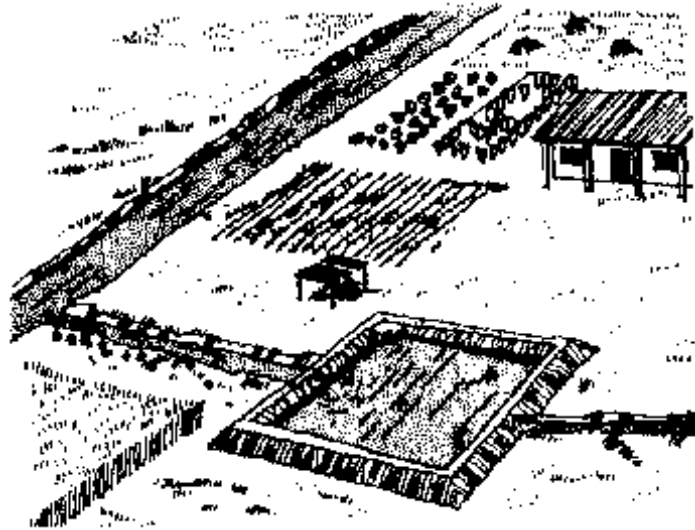


Ways to improve

Better Farming Series 35 - Better Freshwater Fish Farming: Further Improvement (FAO, 1986, 61 p.)

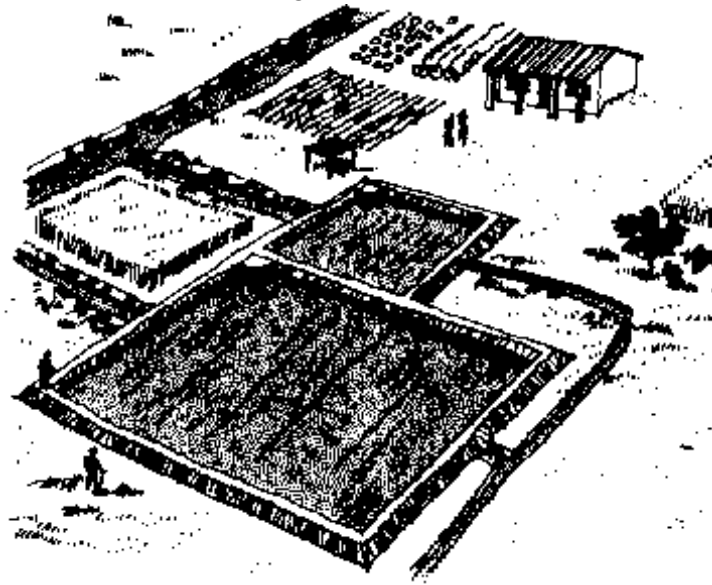
Introduction

1. You learned how to begin growing your own fish in Booklet No. 27, Freshwater fish- farming how to beg.



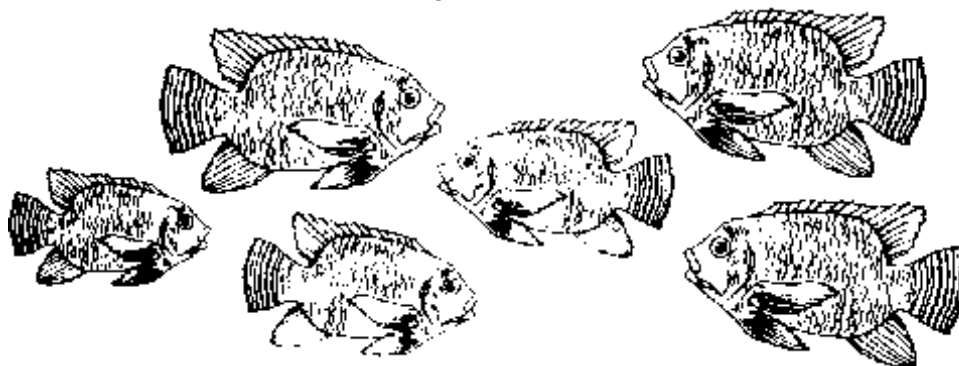
Growing fish

2. Booklet No. 29, better freshwater fish- farming: the pond told you how to build a bigger pond and how to build it better.



Build a bigger pond

3. Booklet No. 30, Better freshwater fish- farming: the fish, told you how to grow more fish and how to grow them better.



Grow more fish

Ways to improve

4. However, there are still more things that you can do to improve your fish- farming. You can

- build more and bigger ponds
- improve your water supply and your water- supply ditches
- build new and better kinds of inlets and outlets
- fertilize your ponds better

- grow fish in several ponds all year round
- grow only male fish
- harvest your fish better
- manage your fish- farm, your farm animals, your gardens and your fields together so that they will grow better and produce more.

5. This booklet will help you to improve your fish- farming.



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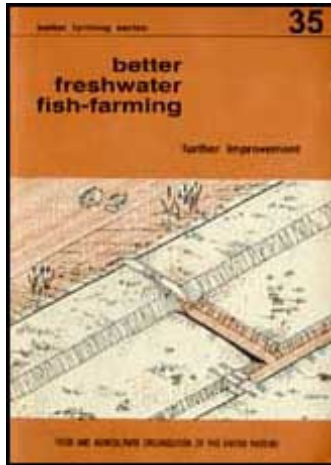
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Freshwater Fish Farming: Further
Improvement (FAO, 1986, 61 p.)






The ponds



Building even bigger ponds or more
ponds



-  A nursery pond
-  Filling and emptying smaller ponds
-  Filling and emptying bigger ponds

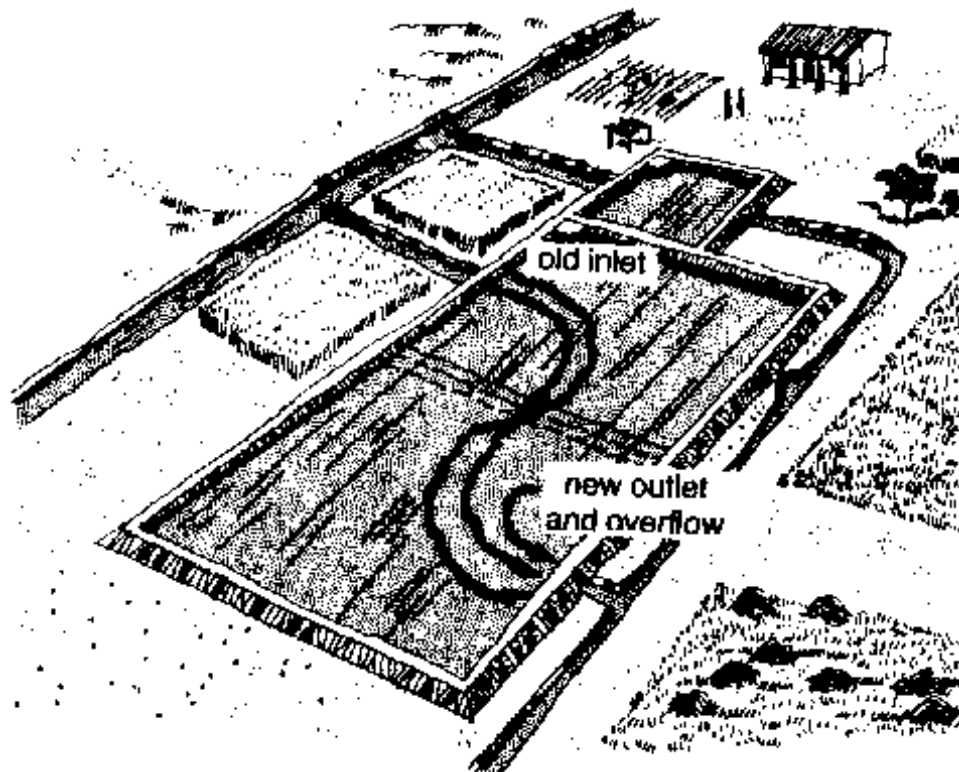
Better Farming Series 35 - Better Freshwater Fish Farming: Further Improvement (FAO, 1986, 61 p.)

The ponds

Building even bigger ponds or more ponds

6. The easiest way to make an even bigger pond is to add a new part to one of your old ponds.

7. You can add a new part to your old pond of 15 x 15 metres. You can make it twice as big. You can make it 15 x 30 metres and still build the banks in the same way that you built them for the old part of the pond.

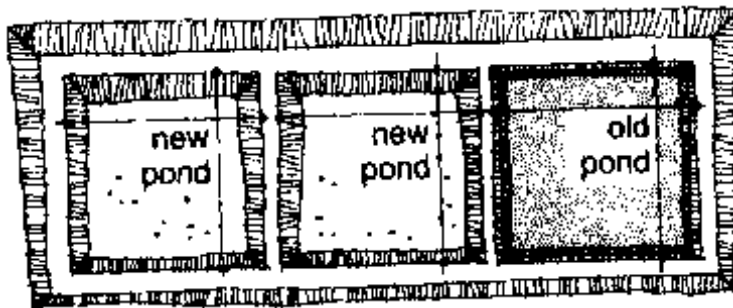


New outlet and overflow

8. Booklet No. 29, Items 42 to 48, tells you how to make a smaller pond bigger.

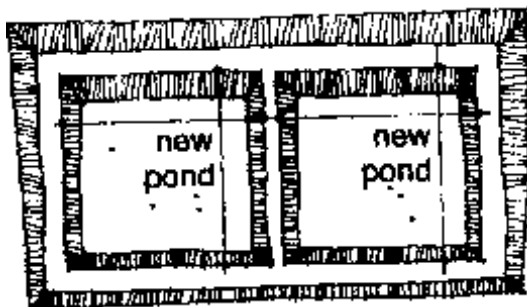
9. If you do not want to make your old pond bigger, you can build one or more new ponds of 15 x 15 metres next to your old pond

...



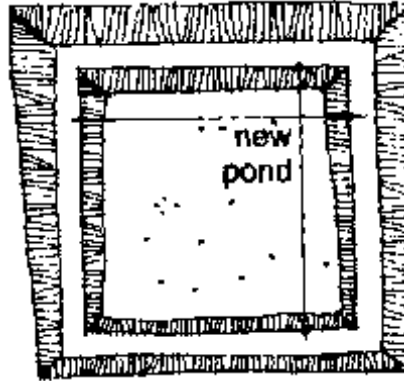
Ponds

or in another place.



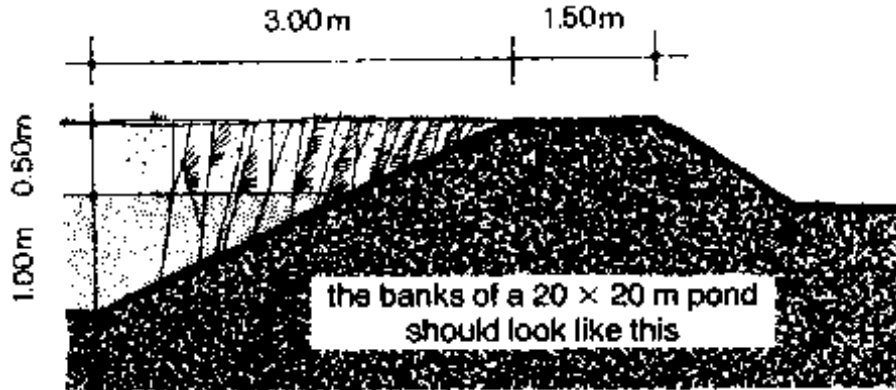
New pond

10. You can also build a pond of 20 x 20 metres and still dig the bottom and build the banks in the same way as you did for your old ponds.



New pond

11. The top of the banks of a 20 x 20 metre pond should still be 1.50 metres wide as they were with your 15 x 15 metre ponds.



The banks of pond

12. The water should be at least 0.60 metre deep in the shallow part and at least 0.90 metre deep in the deepest part.

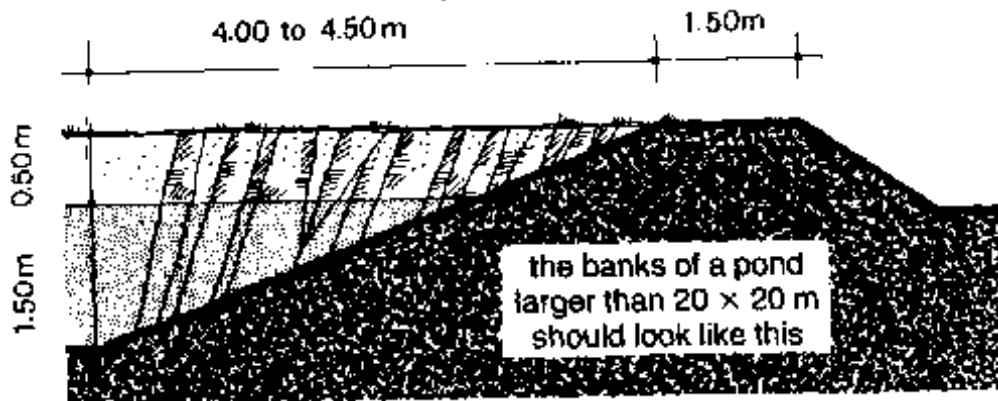


Keep the water deep

13. If you want a still bigger pond, you can build one of 20 x 30 metres, 20 x 50 metres or even 30 x 50 metres. The top of the banks of ponds this size should also be 1.50 metres wide but, because these ponds are bigger and deeper and hold much more water, the bottom part of the banks should be stronger than the banks you built for your smaller ponds.

14. Since you will be digging bigger and deeper ponds, you will take out more soil. Put all the soil you dig out on the lower part of the banks. This will make them thicker and stronger.

15. The drawing below will show you what the banks should look like when you are finished.



The banks of a pond

16. However, if you build ponds of this size, you should build them a little deeper. They should be at least 0.75 metre deep in the shallow end and at least 1.00- 1.20 metres deep in the deepest part.



Keep the water deep

17. If you live in a place where the temperature falls below 20°C, make your ponds 1.50- 1.80 metres deep. The water will be warmer in the deepest part and your fish can go there during the colder part of each day.

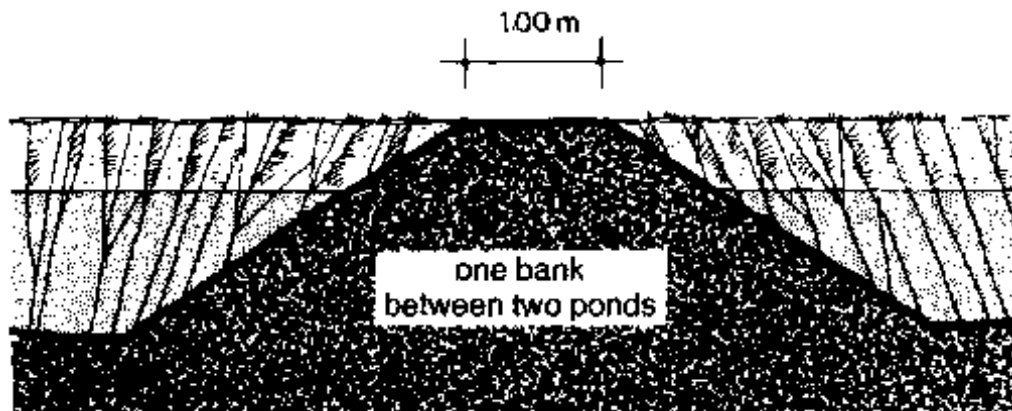


Pond's dimensions

Note

Remember when ponds are side by side, you will need only one bank between two ponds (see Item 45, Booklet No. 27). If you are

building two ponds side by side at the same time, you can make the top of the bank between them 1.00 metre wide instead of 1.50 metres.



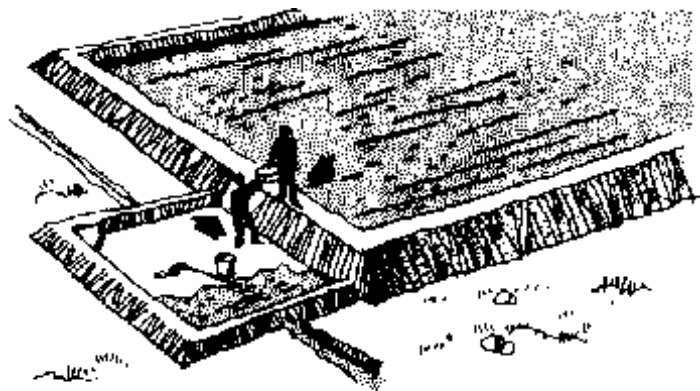
One bank between two ponds

A nursery pond

18. With bigger ponds or more ponds, you must be sure that you have a supply of baby fish all year round.

19. If you have two or three big ponds that together have an area of more than 500 square metres (one 10 x 10 metre pond + two 15 x 15 metre ponds = 550 square metres), you should have your own nursery pond.

20. If you do not already have a nursery pond, Booklet No. 30, Items 43 to 88, will tell you how to build one, how to care for the baby fish and what to do with them.

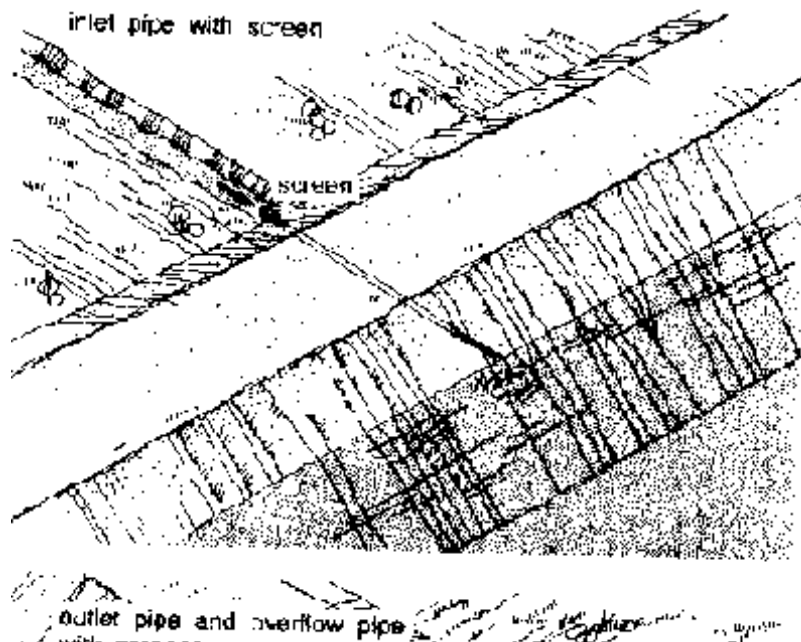


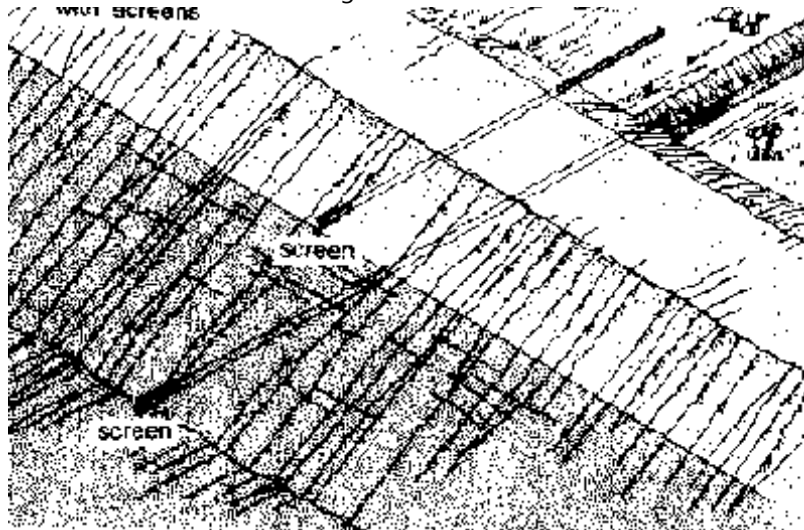
a nursery pond

A nursery pond

Filling and emptying smaller ponds

21. If the new ponds that you build are less than 500 square metres (a 20 x 20 metre pond = 400 square metres), you can use pipes with screens for the inlet, outlet and overflow, just as you did in Booklet No. 29 for your 15 x 15 metre ponds.





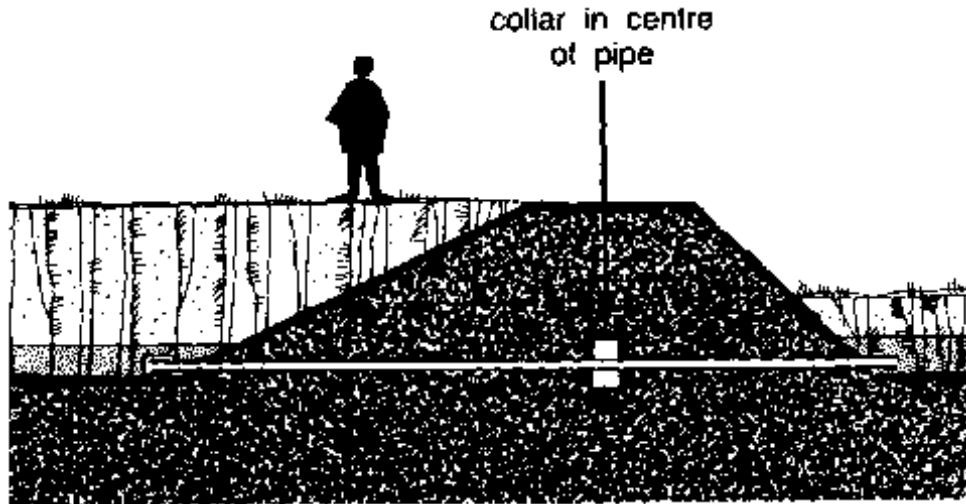
Inlet pipe with screen

22. For the 15 x 15 metre pond you learned how to build in Booklet No. 29, you made the inlet and the outlet about 10 centimetres in diameter and the overflow about 6 centimetres in diameter. With an inlet or outlet of 10 centimetres, it will take about half a day to fill or empty a pond of this size.

23. If you have built a pond of 20 x 20 metres, your inlet, outlet

and overflow should be a little bigger. You can make the inlet and the outlet about 15 centimetres in diameter and the overflow about 10 centimetres in diameter. With an inlet or outlet of 15 centimetres, it will take about one day to fill or empty a pond of this size.

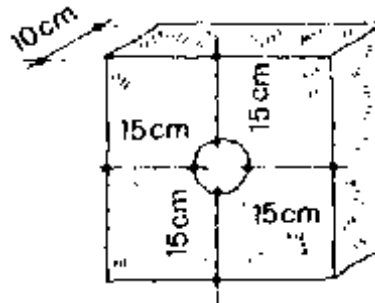
24. You can further improve a pipe outlet by placing a collar of cement around the centre of the pipe.



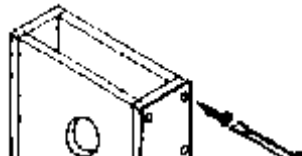
Collar in centre of pipe

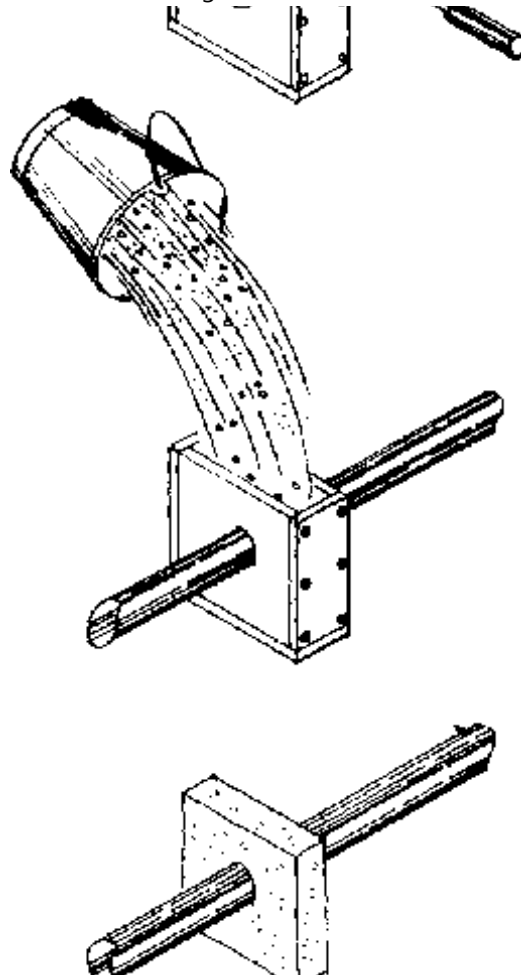
25. The collar will hold the pipe in place in the bank and keep water from seeping through the bank outside the pipe.

26. The drawings below show you how to build a wooden form to make a cement collar.



A collar should be about 10 cm thick and at least 15 cm from the pipe to each edge of the collar





2 build a wooden form to mould the cement around the pipe

3 place the pipe in the form and fill the form with a mixture of one part cement to two parts sand, and some water

4 remove the form after the cement has completely dried

Note: you can make a form using nails; however, if you use wooden screws, you can take the form apart and use it again

Filling and emptying bigger ponds

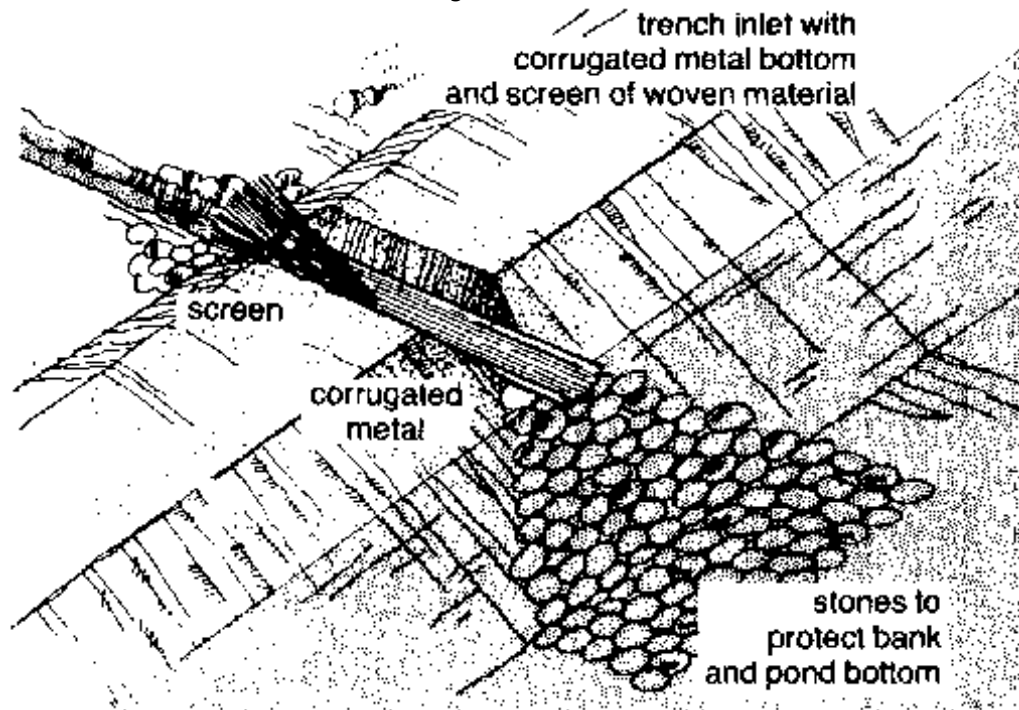
27. If the new ponds that you build are more than 500 square metres (a 20 x 30 metre pond = 600 square metres) it will take much too long to fill them using small pipes. You will need better and faster ways.

A trench inlet

28. You can use a trench inlet just like the one on page 30 in

Booklet No. 29 to fill a bigger pond quickly. However, you will also need a screen to keep out wild fish.

29. The drawing below shows you a trench inlet with a corrugated metal bottom and a screen made of woven material.



Use corrugated metal

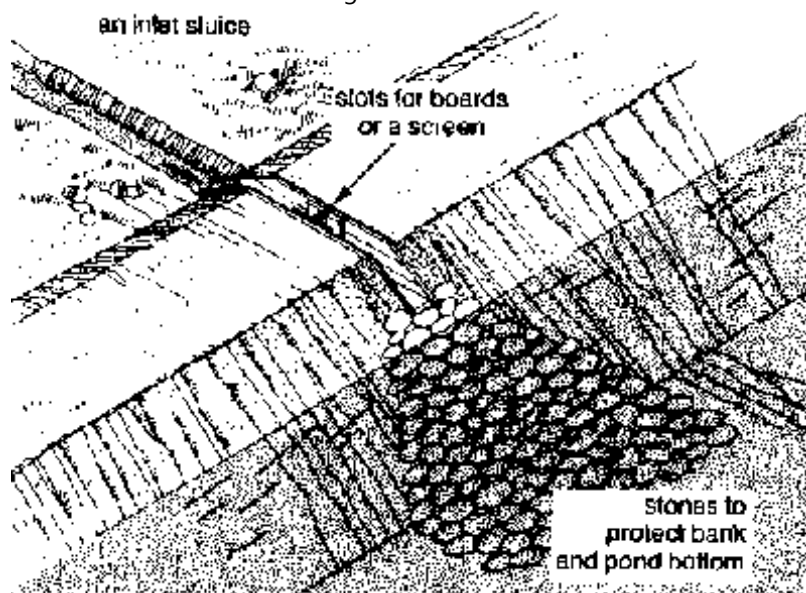
Another kind of inlet

30. You can also build a kind of gate in the trench to control the

flow of water into the pond. This is called a sluice.

31. A sluice has a wall on each side of the trench and a floor set into the bottom of the trench. There are slots in the walls to hold wooden boards or a screen.

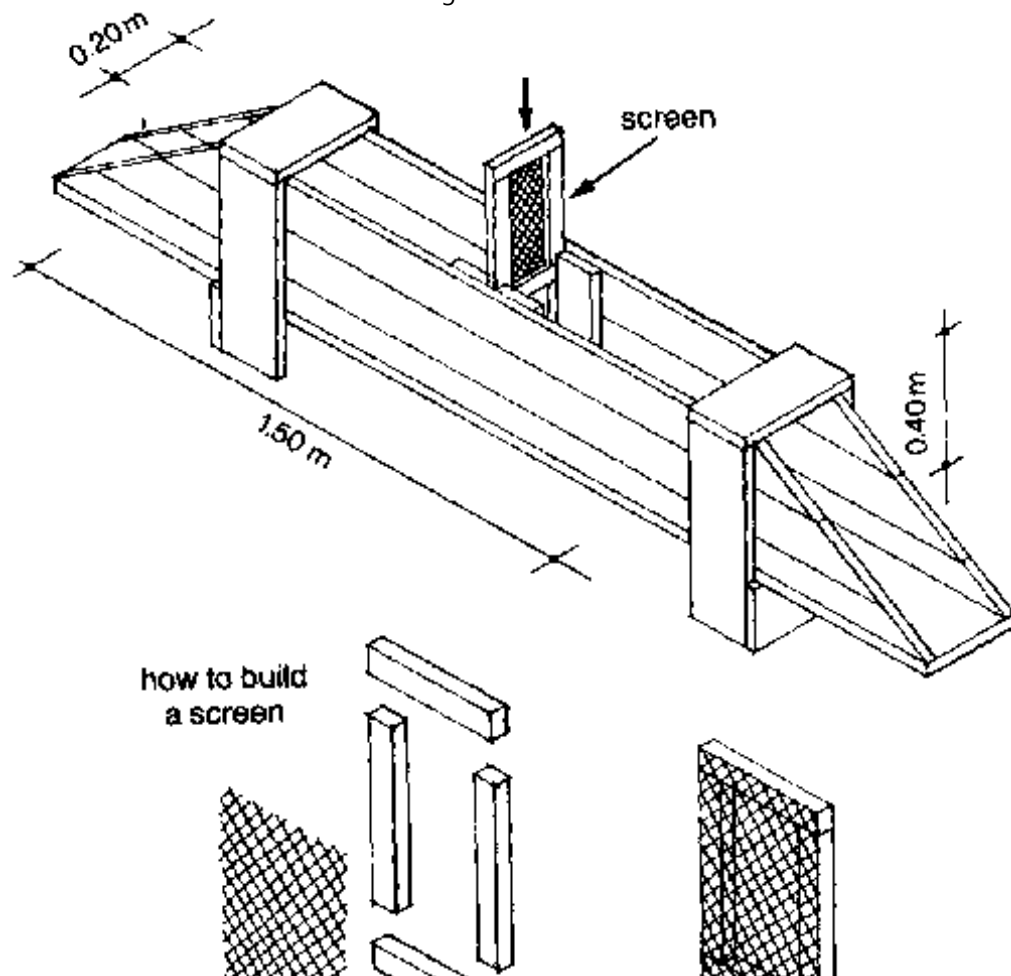
32. Boards are put into the slots to keep water out of the pond or taken out to let water in. When you are filling the pond, put in a screen to keep out wild fish.



Boards

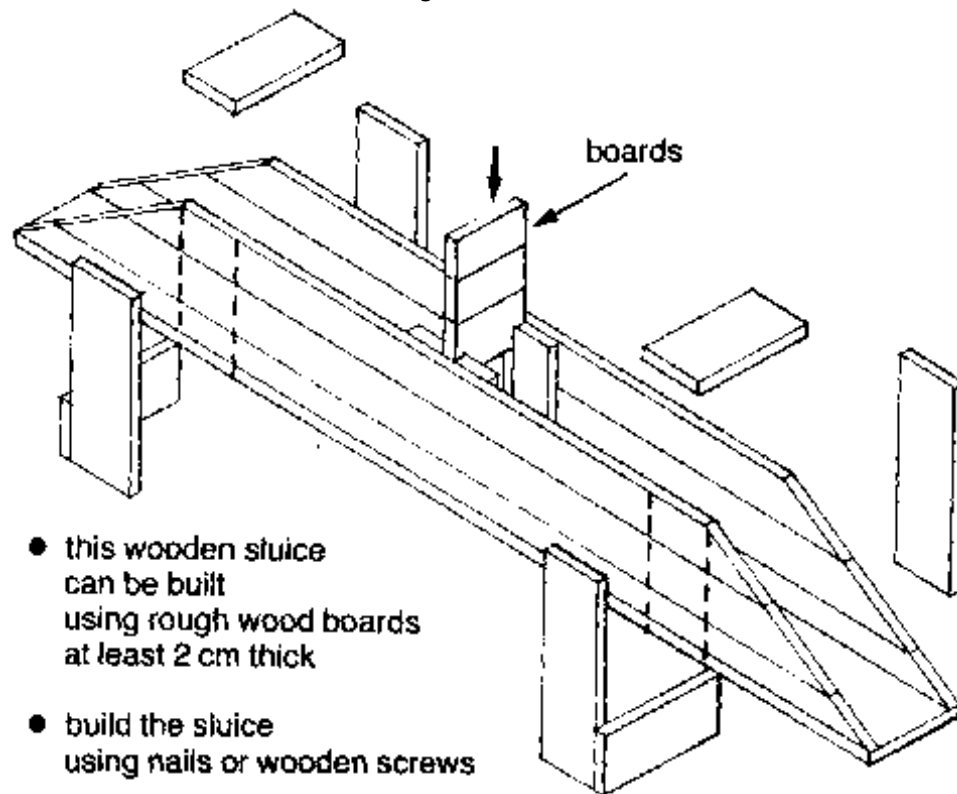
33. You can build a sluice from wood or if you know how to build with bricks or blocks, you can use these.

34. The drawings below and on the next page show you how to build an inlet sluice using wood.





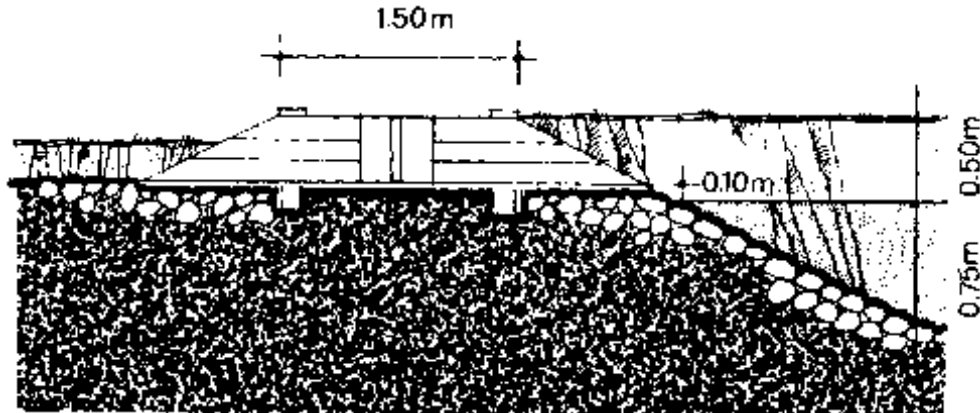
Building a wooden inlet sluice



- this wooden sluice can be built using rough wood boards at least 2 cm thick
- build the sluice using nails or wooden screws
- this sluice is 20 cm wide and 40 cm deep

Parts of a wooden inlet sluice

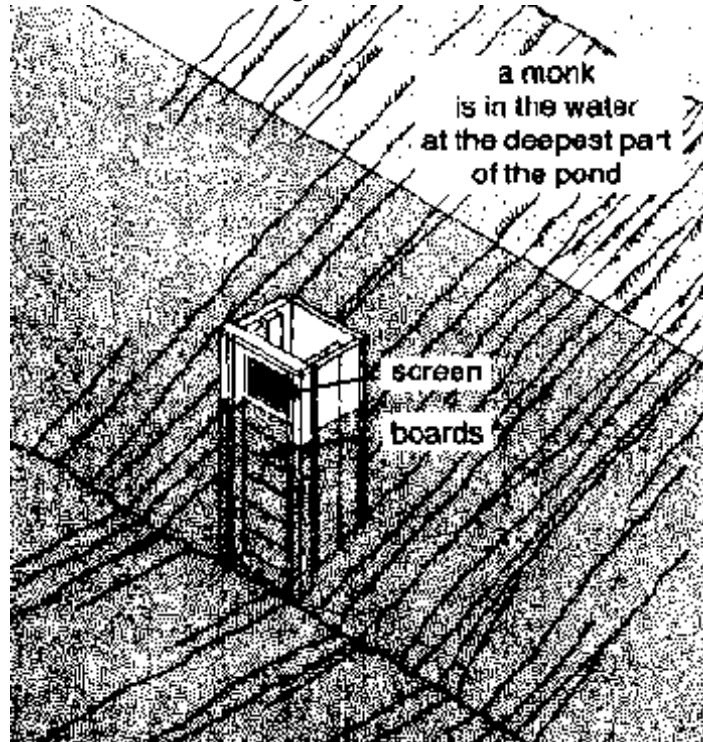
Where to put an inlet sluice in the pond bank



Where to put an inlet sluice in the pond bank

Another kind of outlet

35. You can build another kind of outlet to empty a bigger pond faster. It is built inside the bank at the deep end of the pond. This kind of outlet is called a monk. When the pond is filled, the monk will be in the water.



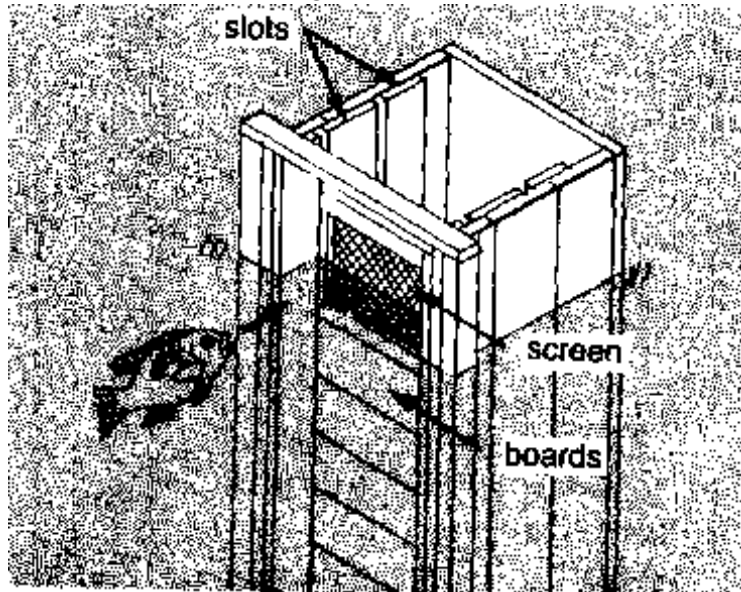
A monk is in the water at the deepest part of the pond

36. A monk is a tall box with two sides, a back, a front formed by wooden boards, and a bottom. Each side has two slots to hold two

rows of the wooden boards.

37. Boards are put into the slots to keep water In the pond or taken out to let water out. You will learn more about this on pages 20 to 23 of this booklet.

38. A monk also has a screen like the one shown on page 14. The screen fits on top of the first row of boards and keeps your fish from getting out when the pond is too full or when you are emptying it.



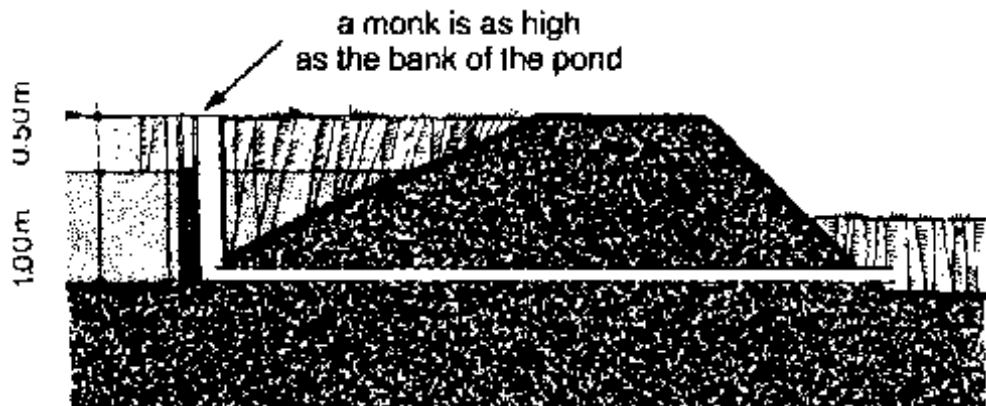
A monk

39. A monk also serves as an overflow. So, you will not need to have an overflow pipe like the one shown on page 9 of this booklet.

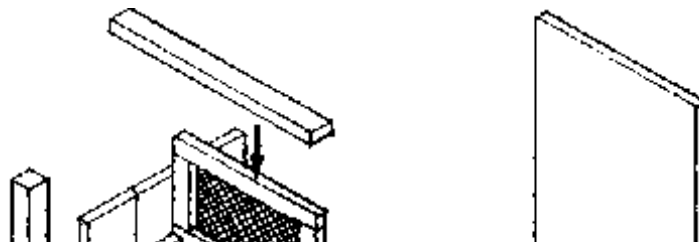
40. You can build a monk from wood, or if you know how to build

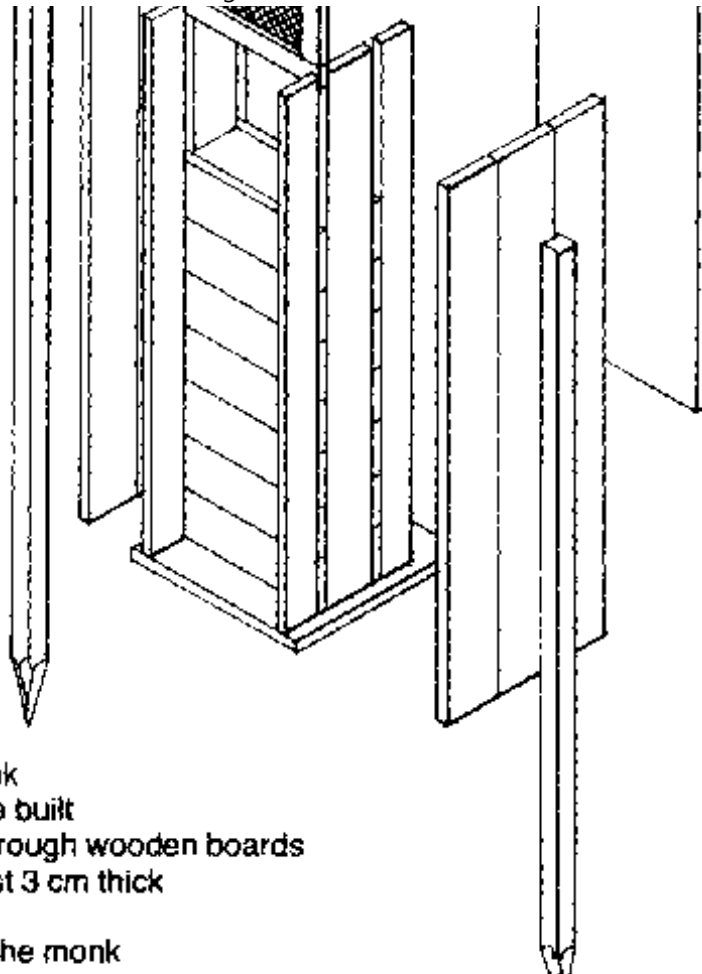
with bricks or blocks, you can use these.

41. The drawings on the next pages will show you how to build a monk using wood, and how to fill and empty a pond using a monk.



Where to put a monk in the pond





- a monk can be built using rough wooden boards at least 3 cm thick
- build the monk

using nails or wooden screws,
or you can also use bolts



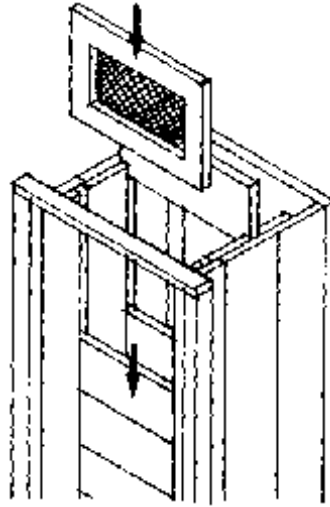
Parts of a wooden monk

Note: the outlet pipe should be placed at the very bottom of the monk

Where to put a monk in the pond

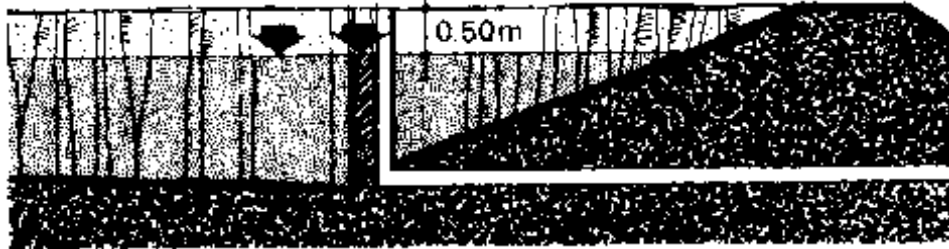
How to fill a pond when you have a monk

1 put both sets of wooden boards in the slots in the monk and put the screen in place on top of the first row of boards



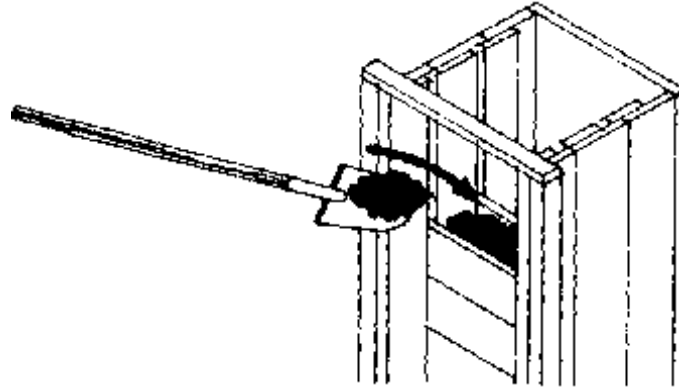
Fill a pond when have a monk

2 the boards should be as high as the water depth that you want in the pond



The boards

3 pack the space between them with good clay soil to keep water from leaking out



Keep water from leaking out

4 let water into the pond



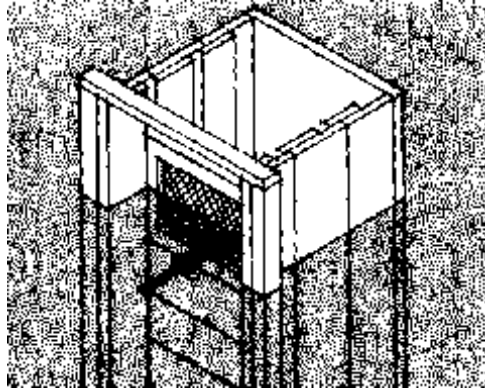
Let water into the pond

5 when the water reaches the top of the boards, stop the flow of water



Stop the flow of water

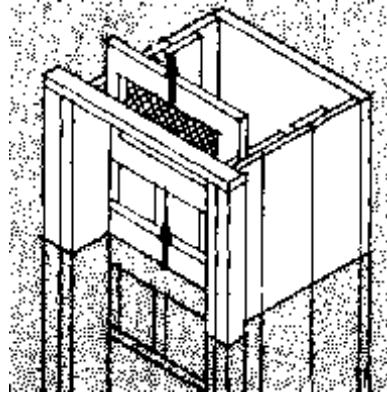
6 leave the screen in place to act as an overflow if the water becomes too high



Leave the screen

note: you may have to let water into your pond from time to time if the water- level gets too low

How to empty a pond when you have a monk



Empty a pond

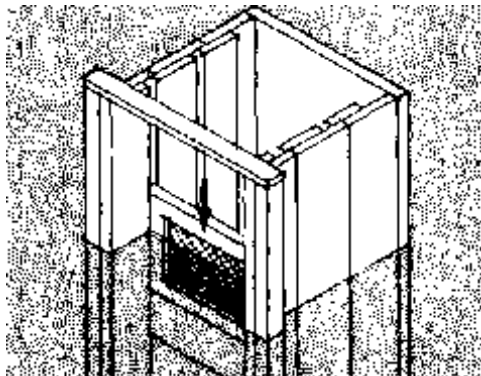
1 take out the screen and remove the top board from each slot



Remove the top board

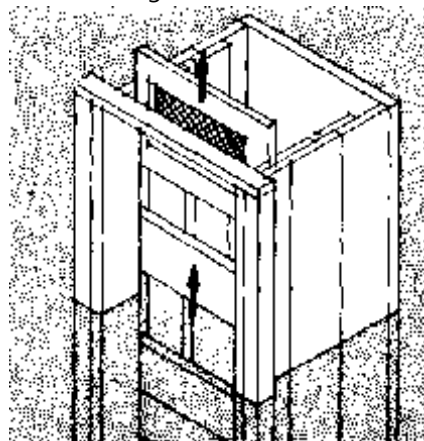
2 the water will begin to flow out and wash away the clay that was

between the boards



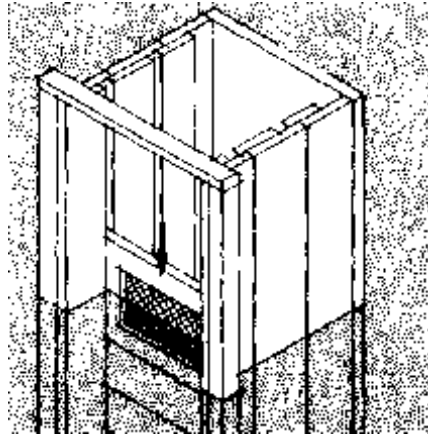
Wash away the clay

3 quickly put back the screen to keep the fish from getting out



Put back the screen

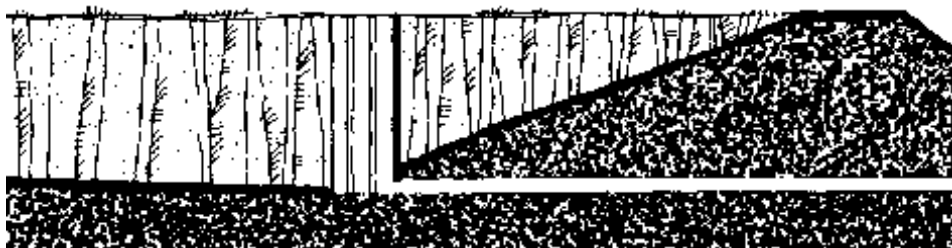
4 water will flow out until it reaches the level of the next row of boards



Water flow out

5 when this happens, take out the screen again, remove the top row of boards and quickly put back the screen

6 more water will flow out



Water flow out

7 continue to take out boards one row at a time, always putting back the screen, until the pond is empty

Note: later in this booklet, you will learn how to harvest fish when you have a monk

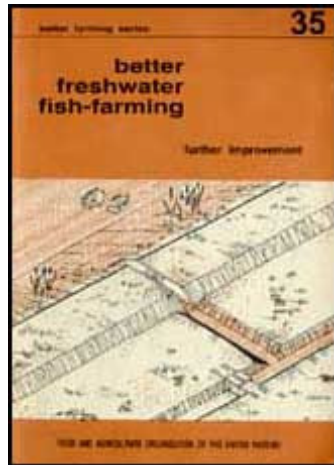


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Freshwater Fish Farming: Further
Improvement (FAO, 1986, 61 p.)





- Bringing water to your ponds
- Raising the level of your water supply
- Digging a supply ditch
- Digging a return ditch
- Controlling the water in your supply ditch
- Filling your ponds
- How to fill your ponds

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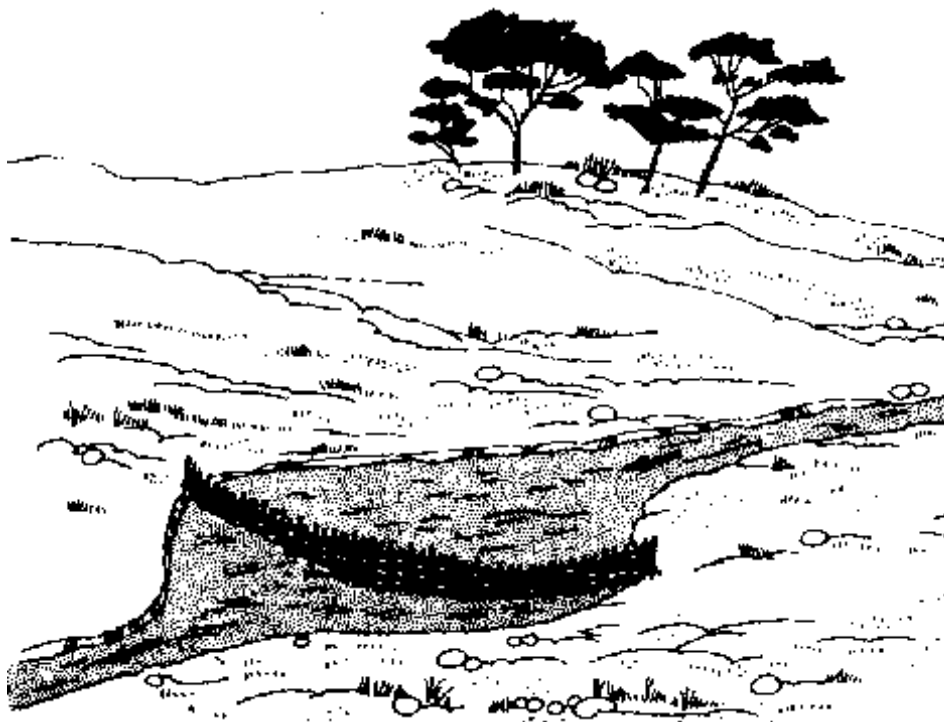
Bringing water to your ponds

Raising the level of your water supply

42. If the stream that supplies your water is not much higher than your ponds, it may be difficult to get the water to run down when

you want to fill them.

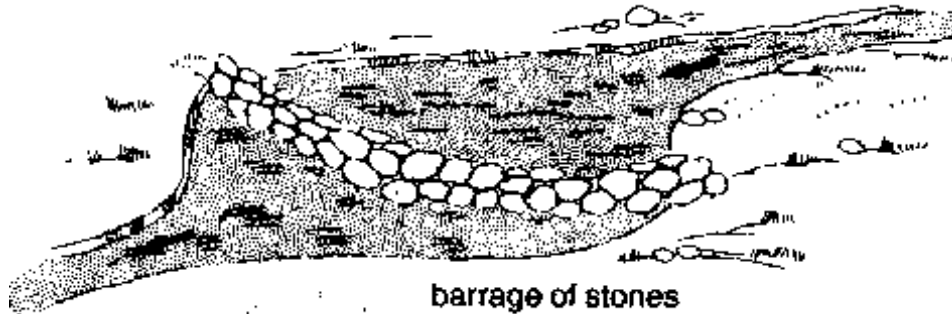
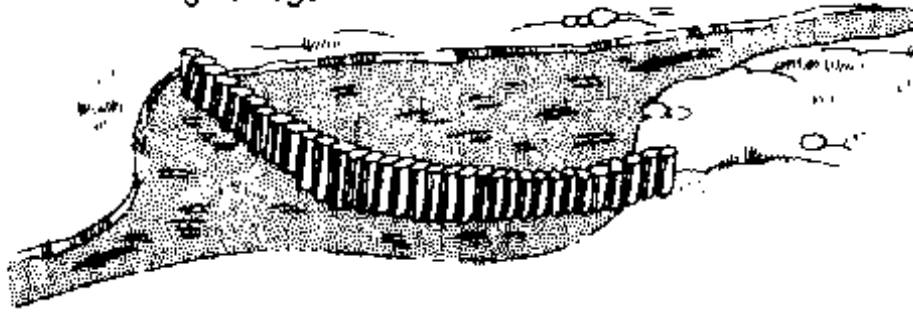
43. By building a barrage, you can raise the level of the stream so that water will run down more easily into your fish- ponds.



barrage of tree branches

44. You can build a simple barrage (using a woven mesh of tree branches like the one shown above). You can also use loose stones or rocks or logs set into the stream bottom.

barrage of logs



Barrage

45. A barrage does not hold back all of the water that runs down the stream. Depending on how it is built, some of the water will be held back and some of the water will flow through or over the

barrage.

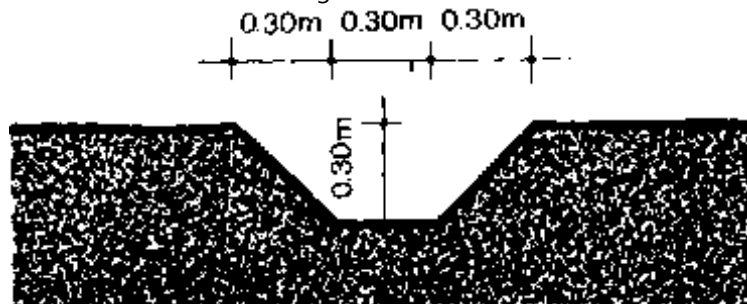
46. If the tree branches, logs or rocks are placed tightly together, the water level behind the barrage will be higher.

47. If the tree branches, logs or rocks are not placed so tightly, the water level behind the barrage will be lower.

48. If you build a barrage and too much water flows through, you can hold back more water by putting more branches, logs or rocks on the barrage.

Digging a supply ditch

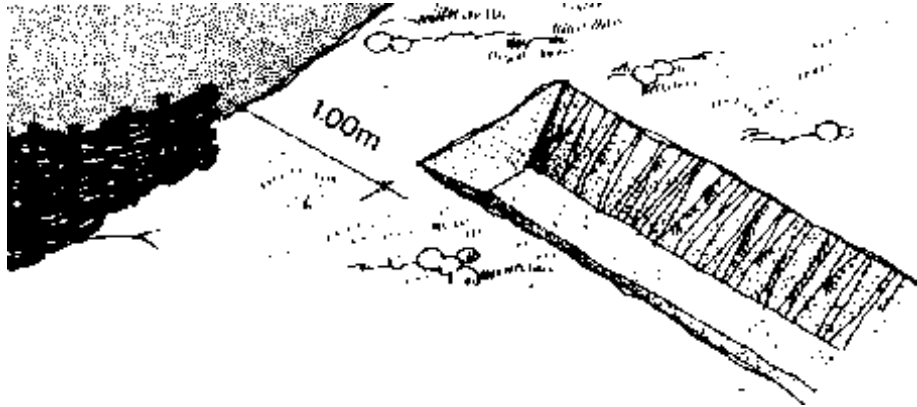
49. After you have built a barrage and the water behind it has reached its highest level, you will need to dig a supply ditch to take the water to your ponds.



Dig a supply ditch

50. Begin by digging the supply ditch just behind the barrage where the water is deepest. However, dig it in such a way that the water in the stream will not flow into the ditch.

51. You can do this by starting the supply ditch about 1 metre away from the edge of the water. When you are ready to fill your ponds, you can remove this 1- metre strip (see Item 69) and the water will flow into the ditch.



Remove the strip

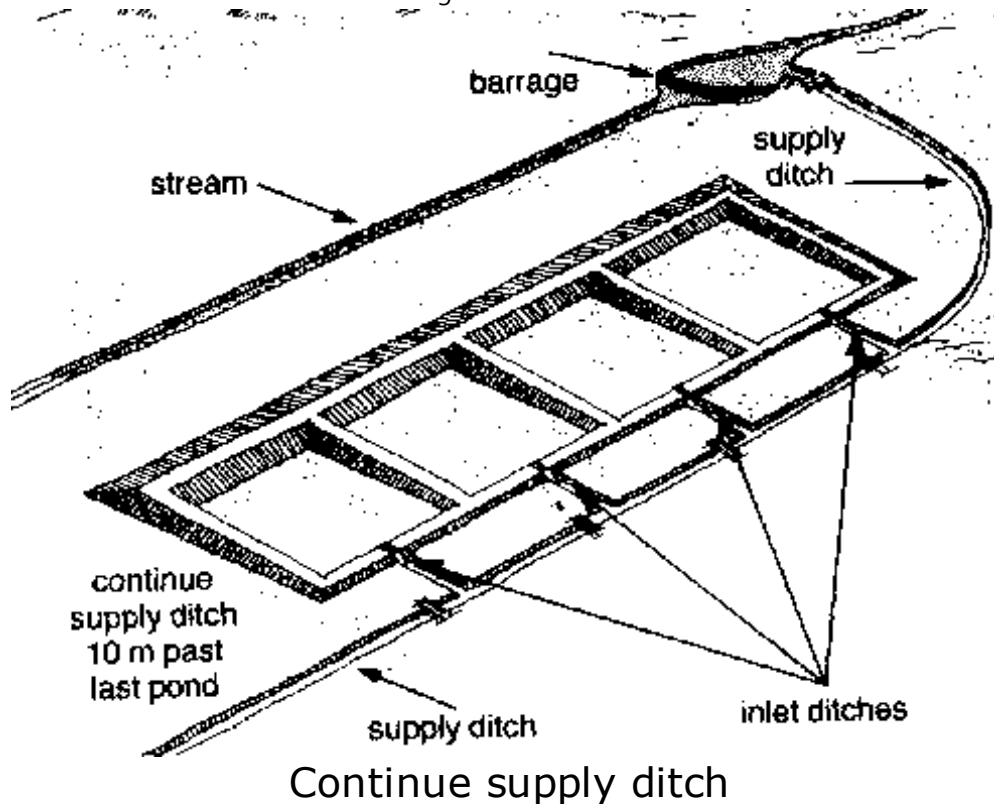
53. The ditch should have very little slope. You can use a straight board and a mason's level to help you to dig your ditch.

54. When you reach your highest pond, the ditch should be near the inlet. Continue to dig your water- supply ditch until you reach your lowest pond.

55. When the supply ditch is past the end of the lowest pond, continue to dig it downhill for about 10 metres. Then bring it

slowly to the surface. That way, when you fill your ponds, any extra water will flow out at ground level.

56. Now, dig a small ditch to connect the inlet of each pond to the supply ditch.

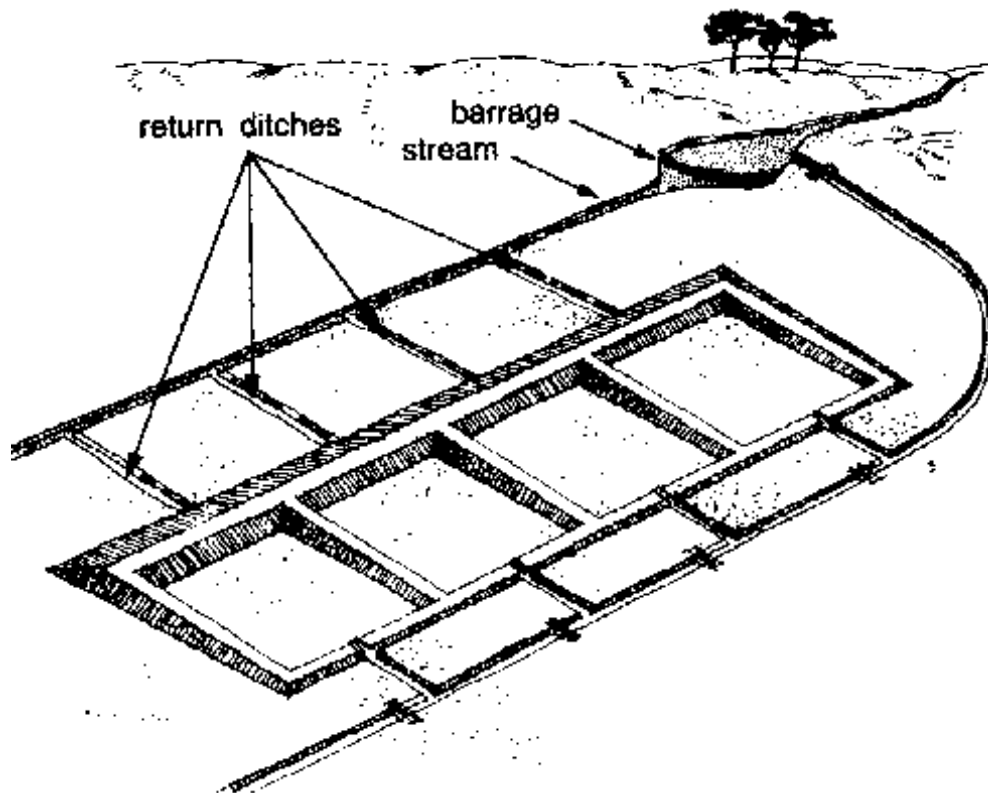


Digging a return ditch

57. You will also need to dig one or more ditches to take the water back to the stream when you empty your ponds.

58. These are called return ditches and how you dig them will depend on how your ponds are placed and how near they are to the stream. Try to choose the easiest and shortest path to take the water back to the stream.

59. If your ponds are near the stream, the easiest way to get the water back is to dig a return ditch from the outlet of each pond straight to the stream. You can also use one ditch for two ponds.



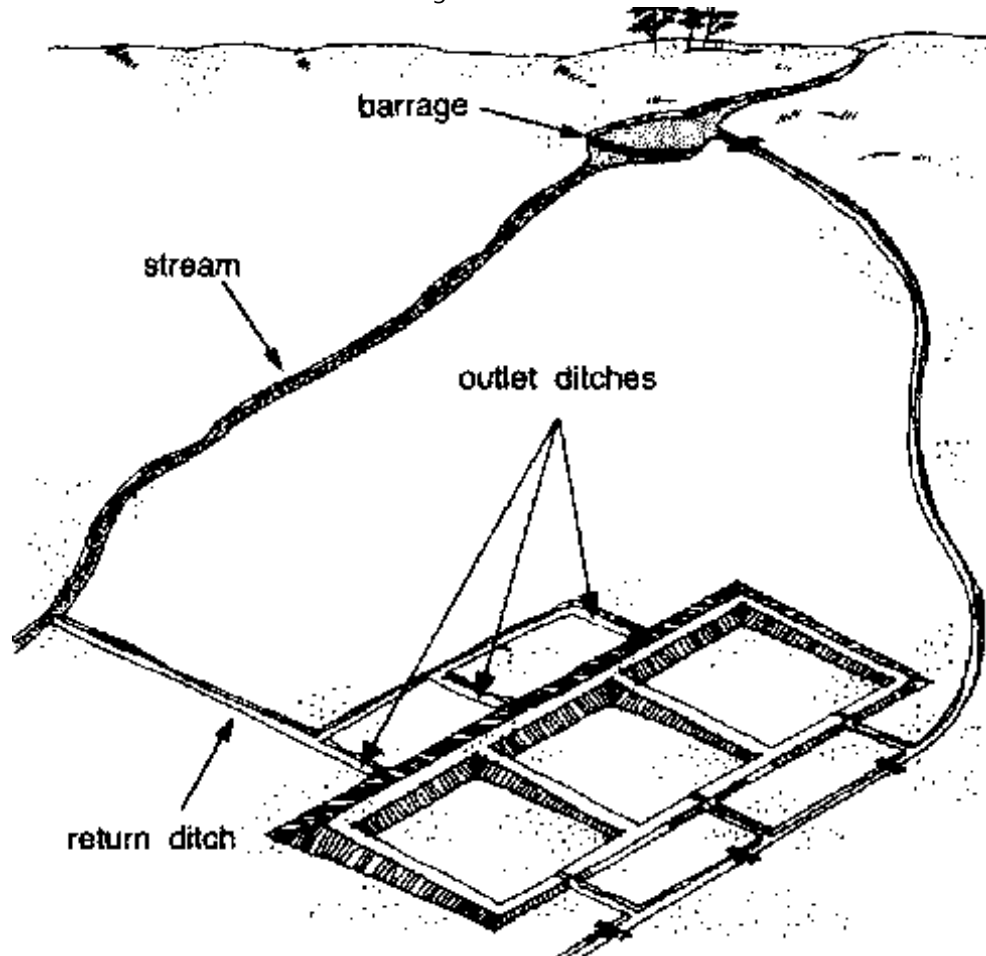
Ditch

60. If your ponds are not near the stream or if you cannot dig a

ditch straight to the stream, dig only one return ditch along the outlet side of your ponds, which can take all the water from all the ponds.

61. Start this ditch at the outlet of your highest pond. The ditch should run past the outlet of the lowest pond and then back to the stream.

62. Now, dig a small ditch to connect the outlet of each pond to the return ditch.



Outlet

Controlling the water in your supply ditch

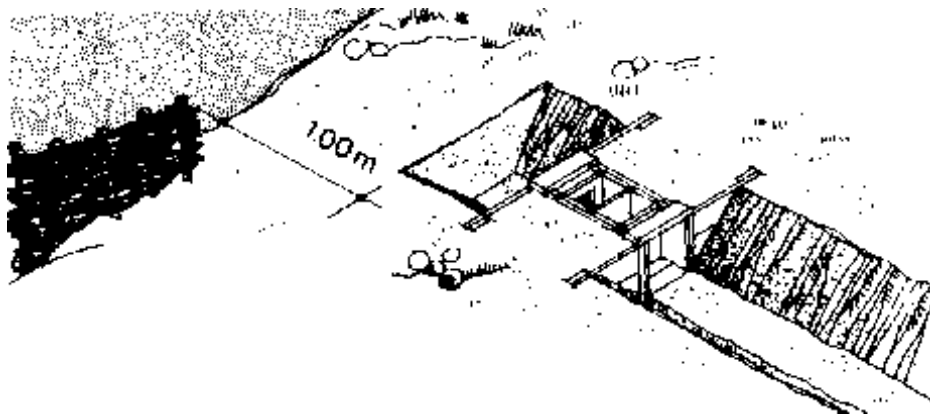
63. When you have built your ditches, you will need a way to control the flow of water from the stream into your supply ditch and from your supply ditch into the inlet ditches of each of your ponds.

From the stream into your supply ditch

64. To control the flow of water into your supply ditch, you can build a sluice somewhat like the one you learned to build for an inlet (see pages 14 and 15 in this booklet).

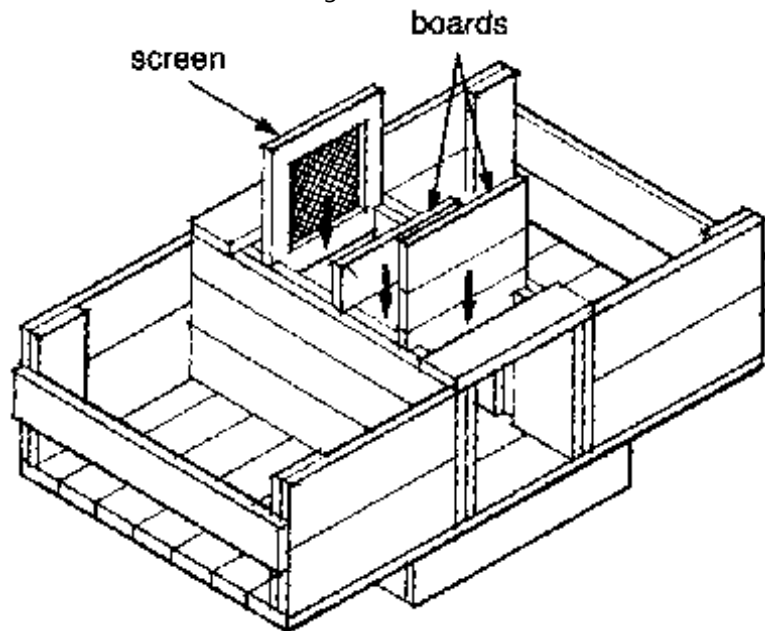
65. However, instead of one slot in each wall, this sluice will have three slots in each wall. Two sets of slots are for wooden boards and the third set is for a screen to keep out wild fish.

66. Build this sluice at the top of the supply ditch just behind the 1- metre strip of soil that you left at the edge of the water when you began digging the ditch.



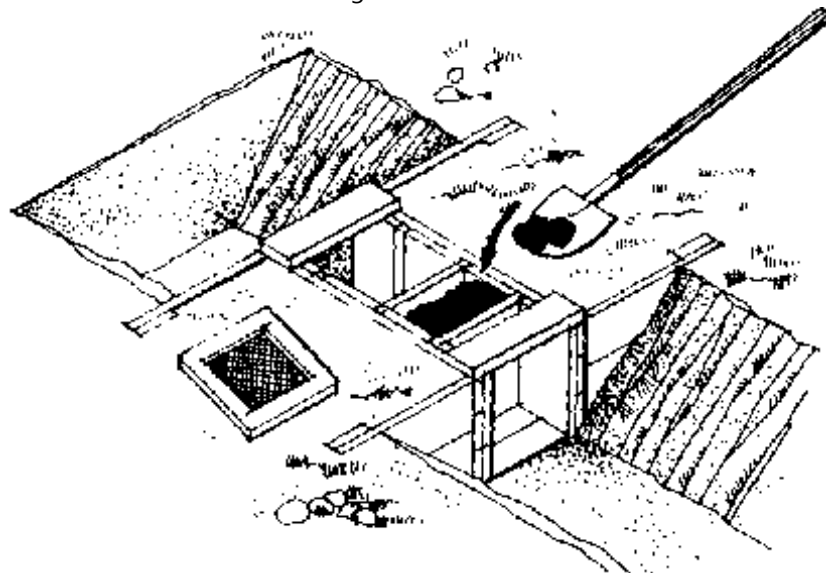
Digging the ditch

67. The drawing at the top of the next page shows you how to build a wooden sluice for the supply ditch at the stream.



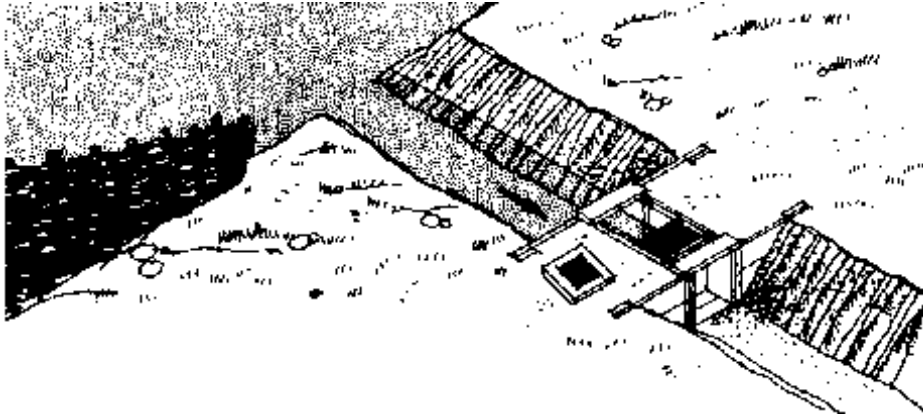
Building a wooden sluice for the supply ditch

68. Pack the space between the boards with good clay soil to keep the water from leaking through. However, do not put in the screen until you are ready to use the sluice. Put it aside so that it will not be broken.



Put the screen

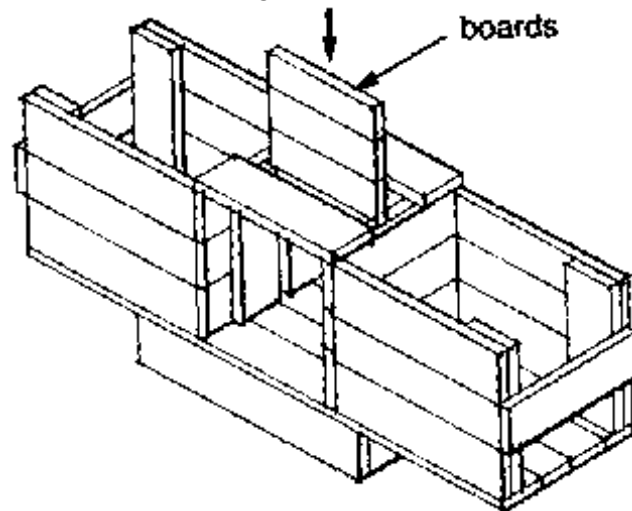
69. Now, remove the 1- metre strip of soil you left at the edge of the stream. The water will flow into the ditch up to the wooden planks in the sluice.



Remove the strip

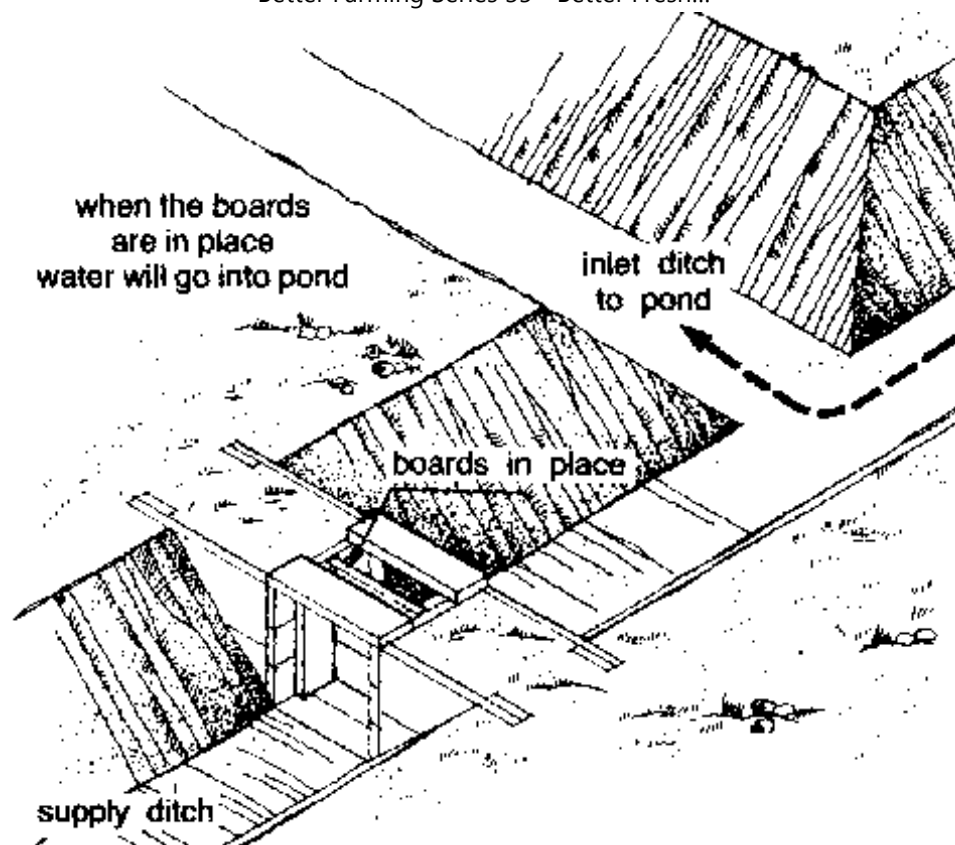
From the supply ditch into your ponds

70. You can build a smaller sluice to control the flow of water into your ponds. With this sluice you need only one set of boards. The drawing below shows you how.



Building a wooden sluice for a pond inlet

71. You will need one sluice for each of your ponds. Build them at the lower corners of each inlet ditch. The drawing below shows you where to put this kind of sluice.



Put the boards in place

72. Slide wooden boards into the slots of this sluice to send all the water into a pond, or take them out to let all the water flow farther down the supply ditch into another pond.

73. You can also adjust the boards in each sluice so that part of the water will go into one pond and the rest will flow down 10 feed the other ponds.

Filling your ponds

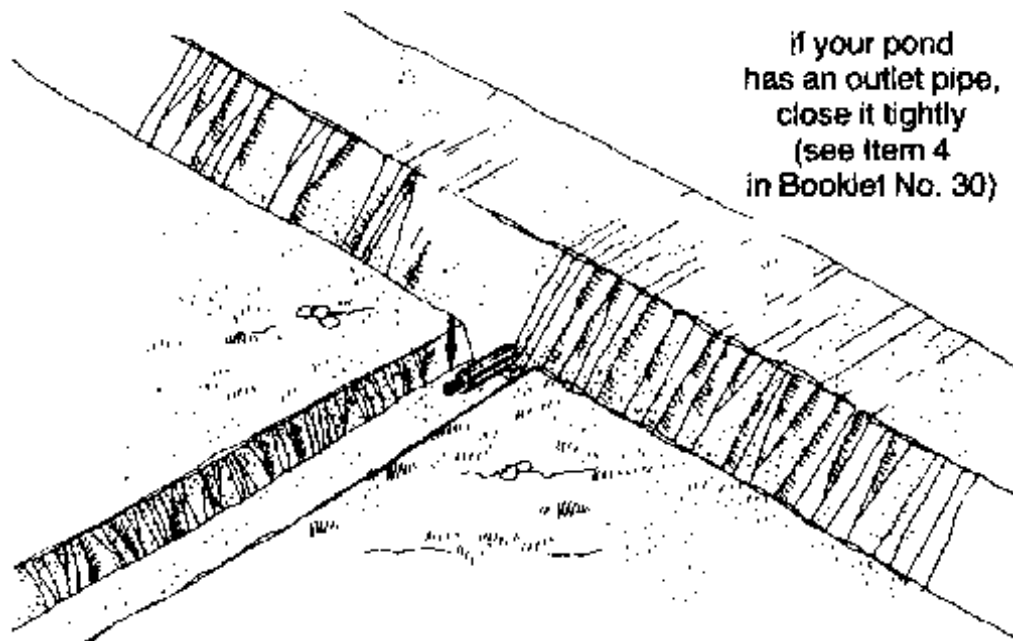
74. When you have finished digging your supply and return ditches and have built all of the sluices, you are ready to fill your ponds.

Note

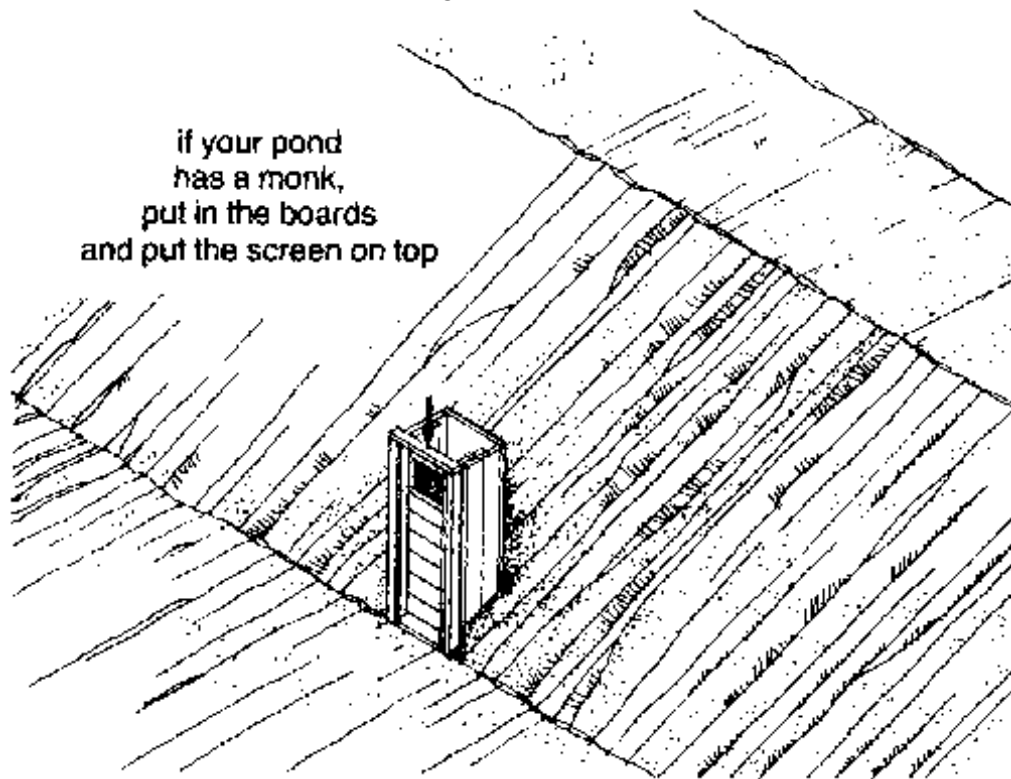
Ponds are filled one by one. Items 75 and 77 will tell you, step by step, how to begin filling your ponds. The large drawing on pages 38 and 39 will also help you to understand the various steps.

75. To fill the first pond do the following

- make sure that the outlet of the first pond you are going to fill is closed

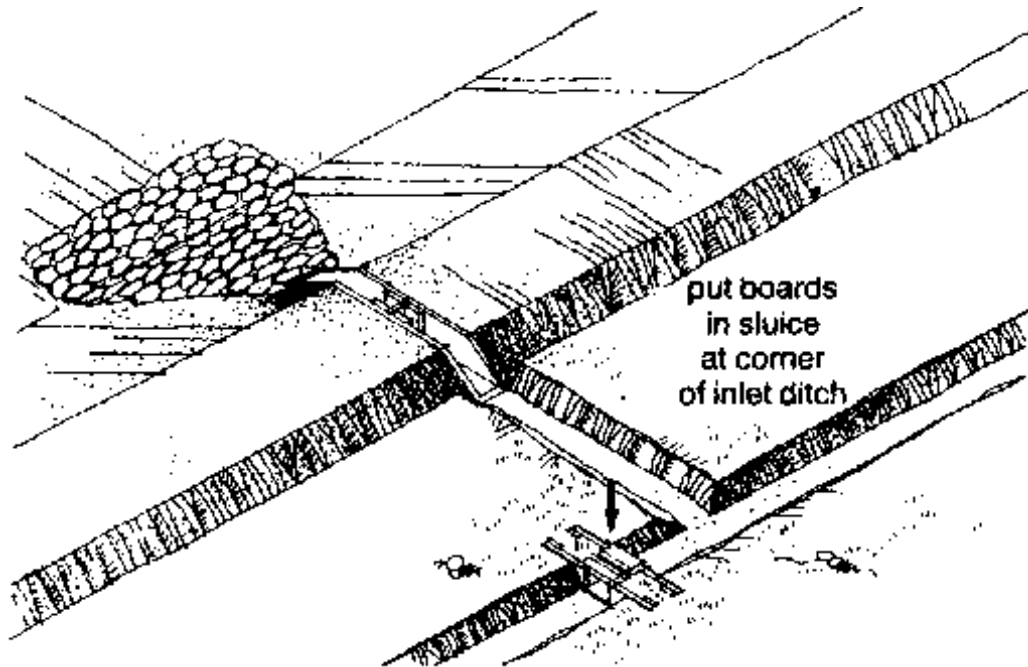


Fill the first pond



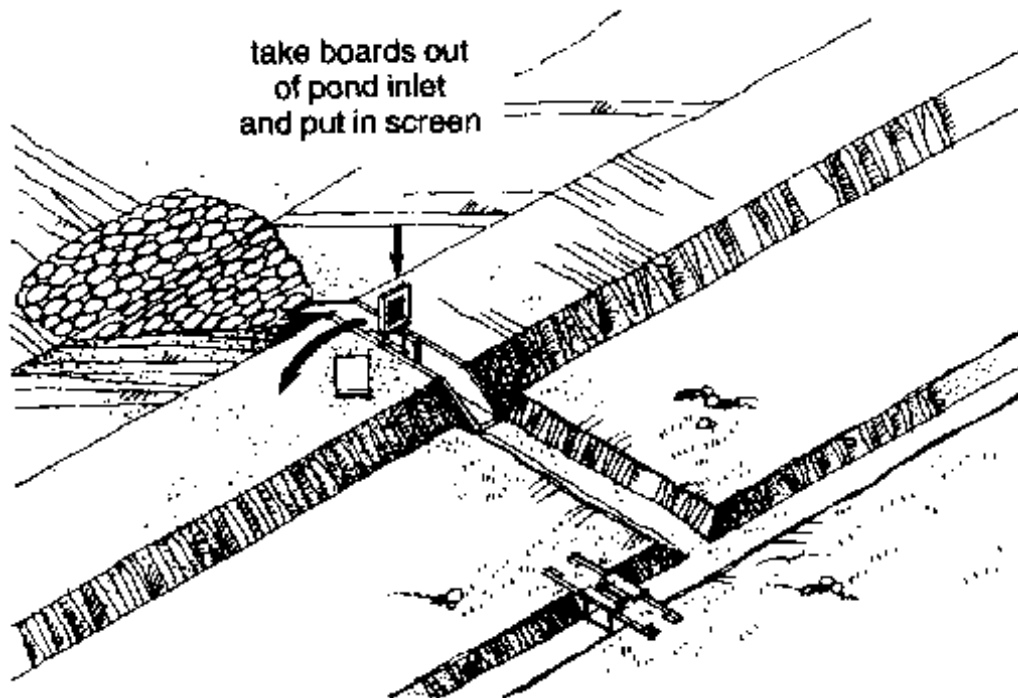
Fill the first pond

- put the wooden boards in the sluice at the corner of the inlet ditch to the first pond



Put the wooden boards in the sluice

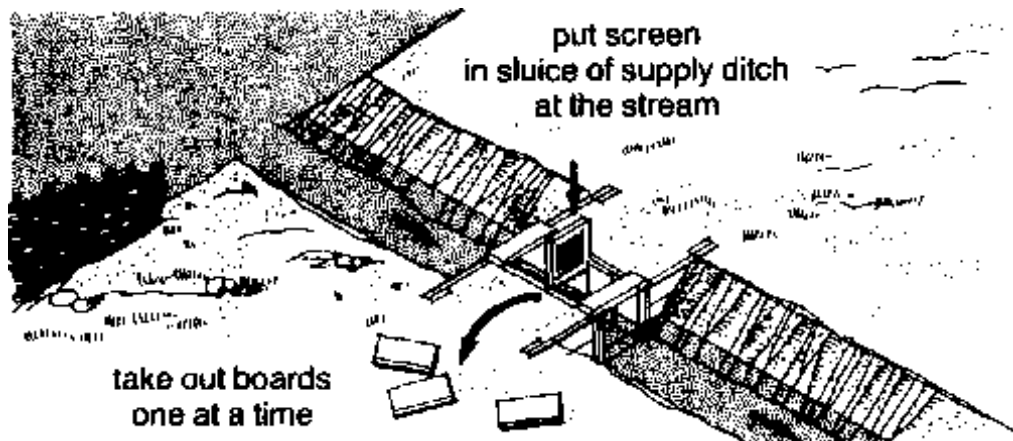
- take out the wooden boards of the inlet sluice to the first pond and put in the screen



Take boards out

- put the screen in the sluice at the top of the supply ditch and take out the wooden boards one at a time until water

begins to flow down the ditch and into the first pond.



Take boards out

76. If you are going to fill another pond you should prepare it now, while the first pond is being filled.

77. To prepare the next pond, do the following

- make sure the outlet of the next pond you want to fill is

closed

- put the board in the sluice at the corner of the inlet ditch
- take the boards out of the inlet sluice and put in the screen.

78. Watch your first pond carefully. When it is full of water put back the boards in the inlet sluice and take out the boards in the sluice at the corner of the inlet ditch (see Item 75 in this booklet).

79. The water will now flow further down the supply ditch and begin to fill the next pond.

80. Continue to do this until all of the ponds are full.

81. When your ponds are full of water, put a few of the wooden boards back in the sluice at the top of your supply ditch. However, make sure that some water is always running Into each of your ponds so that they will always be full.

How to fill your ponds

Ponds are filled one by one

- The first pond

- 1 close outlet

- 2 close sluice at corner of inlet ditch

- 3 open inlet sluice

- 4 open sluice at stream one board at a time

- The first pond will begin to fill

- Prepare the second pond

- 5 close outlet

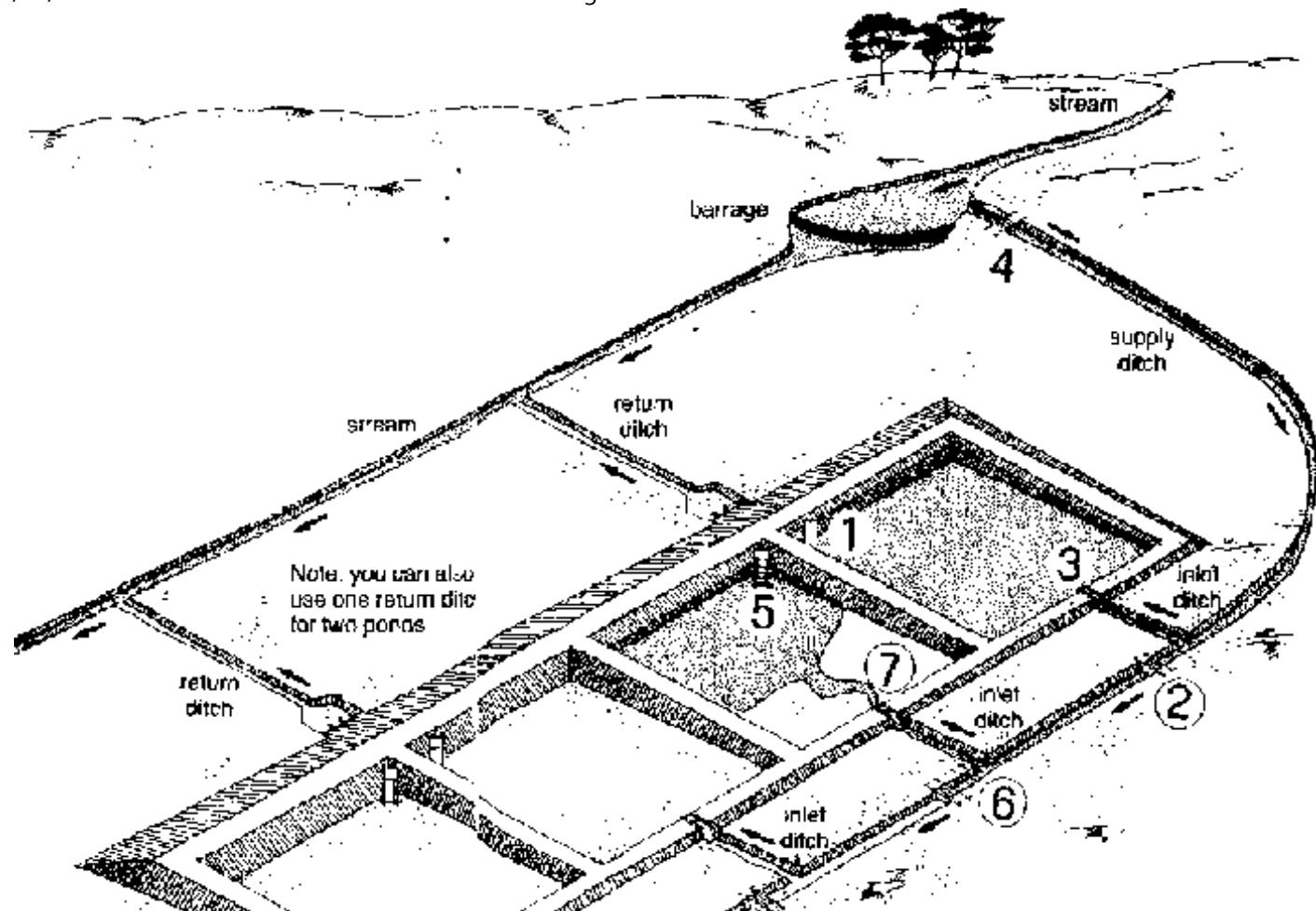
- 6 close sluice at corner of inlet ditch

- 7 open inlet sluice

- When the first pond is full close the inlet sluice (3) and open the sluice at corner of inlet ditch (2)

- The second pond will begin to fill

- Continue to do this until all ponds are full





How to fill your ponds

Stream

Note:

Make sure that some water is always running down the supply ditch and Into each of your ponds so that they will always be full.

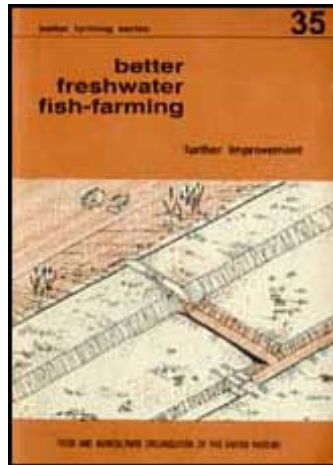


[Home](#)"" """"> [ar](#).[cn](#).[de](#).[en](#).[es](#).[fr](#).[id](#).[it](#).[ph](#).[po](#).[ru](#).[sw](#)











Better Farming Series 35 - Better
Freshwater Fish Farming: Further
Improvement (FAO, 1986, 61 p.)





(introduction...)

-  Preface
-  Introduction
-  The ponds
-  Bringing water to your ponds
-  ➔ Better fertilizing
-  The fish
-  Your farm and your fish- ponds
-  Your fish- ponds and your health

Better fertilizing

82. To grow the natural foods that your fish need, you can fertilize your bigger ponds just as you did your smaller ponds. You can fertilize them with

- compost made with animal manure
- compost made with plant material

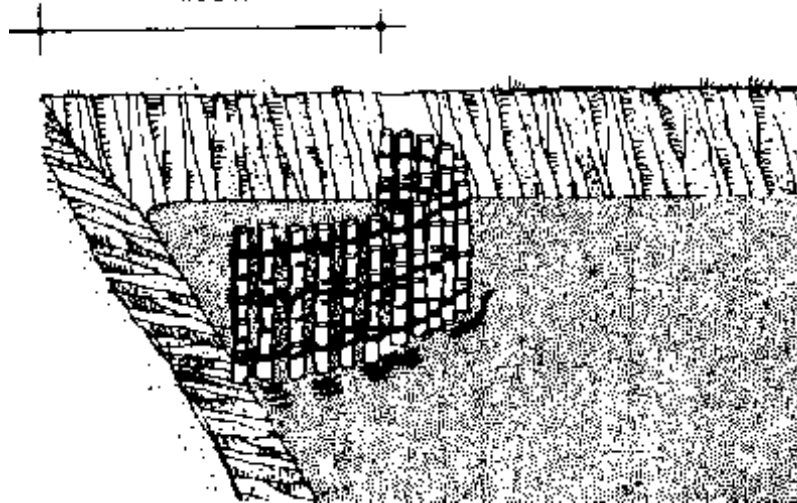
- animal manure
- plans materiel

83. However, with bigger ponds you will have to be especially careful to fertilize them very well.

84. In Items 15 to 31 in Booklet No. 30, you reamed some things that you need to know to fertilize a pond. Here are some other things that you should know.

85. With your old smaller ponds, you built a crib in one corner in the shallow part of the pond to hold the fertilizer just like the one shown below.

1.00 m

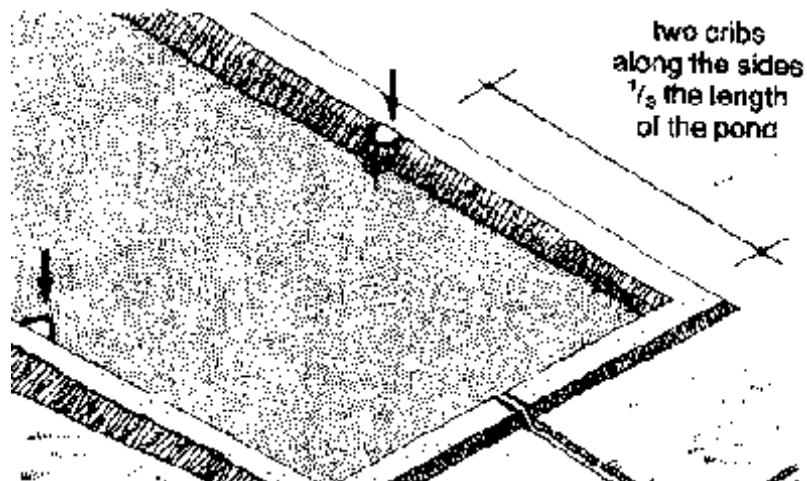
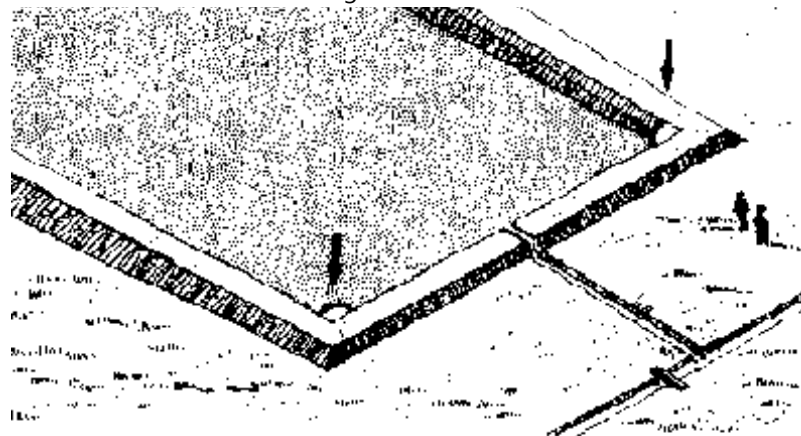


Build a crib

86. If you build a new pond that is bigger than 500 square metres, you should build two cribs in the corners of the shallow part of the pond. The drawings below show you where to put them.



two cribs
in the shallow corners
of the pond





Two cribs

87. If you are going to fertilize your new bigger ponds with compost, you will need to put in

- 10 kilograms of compost for each 100 square metres of pond each week.

88. If you are going to fertilize your new bigger ponds with animal manure, you will need to put in

- 2 to 3 kilograms of poultry droppings for each 100 square metres of pond each week 2 to 3 kg or



Use poultry droppings

- 8 to 10 kilograms of pig dung for each 100 square metres of pond each week 8 to 10 kg or



Use pig dung

- 10 to 15 kilograms of cow dung for each 100 square metres of pond each week. 10 to 15 kg



Use cow dung

you are going to fertilize your new bigger ponds with animal manure but you do not have enough of any one kind of animal

manure, you can make a mixture of several kinds.

90. You can make a mixture using 1 part of poultry droppings, 2 parts of pig dung and 3 parts of cow dung.

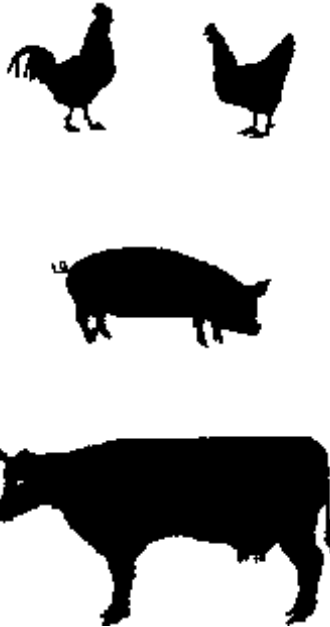


Figure 1 part + 2 parts + 3 parts

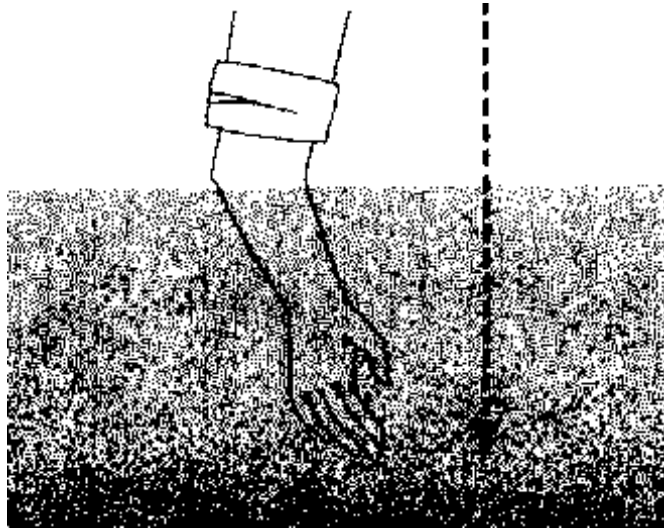
You will need to put in

- 10 kilograms of this mixture for each 100 square metres of pond each week.

91. When the water is green, you will know that there is enough natural food in the water for your fish.

92. In Booklet No. 30, you learned that when you have fertilized a pond it will take about a week for the water to turn green.

93. To make sure that the water in your pond is green enough, you should test it each week. To do this, put your arm in the water up to the elbow.



Test the green water

94. If you are just able to see the ends of your fingers, the water is green enough. If you are able to see the ends of your fingers well, you will know that the water is not green enough.

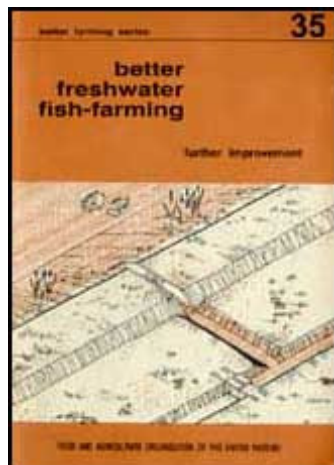
95. If the water is not green enough, add more fertilizer each week and test the water from time to time until you see that it is green enough.

Note

Remember, you must still feed your fish the other kinds of food that they need to grow strong and healthy. Items 91 to 104 in Booklet No. 30 tell you what to feed them and how to feed them.



[Home](#) > [ar](#).[cn](#).[de](#).[en](#).[es](#).[fr](#).[id](#).[it](#).[ph](#).[po](#).[ru](#).[sw](#)



Better Farming Series 35 - Better Freshwater Fish Farming: Further Improvement (FAO, 1986, 61 p.)



The fish



Growing fish all year round



Growing only male fish



Harvesting your fish



Harvesting many fish



Harvesting fish when you have a

monk

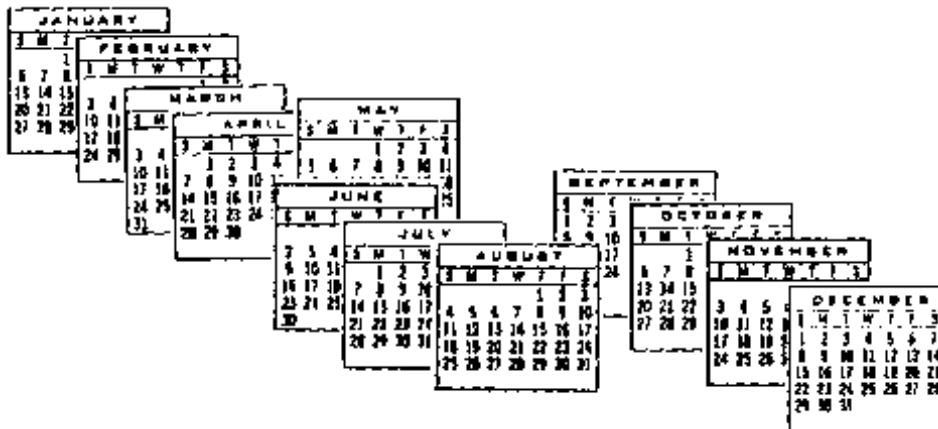
Better Farming Series 35 - Better Freshwater Fish Farming: Further Improvement (FAO, 1986, 61 p.)

The fish

Growing fish all year round

96. Now that you have several fish- ponds, you can grow fish all year round.

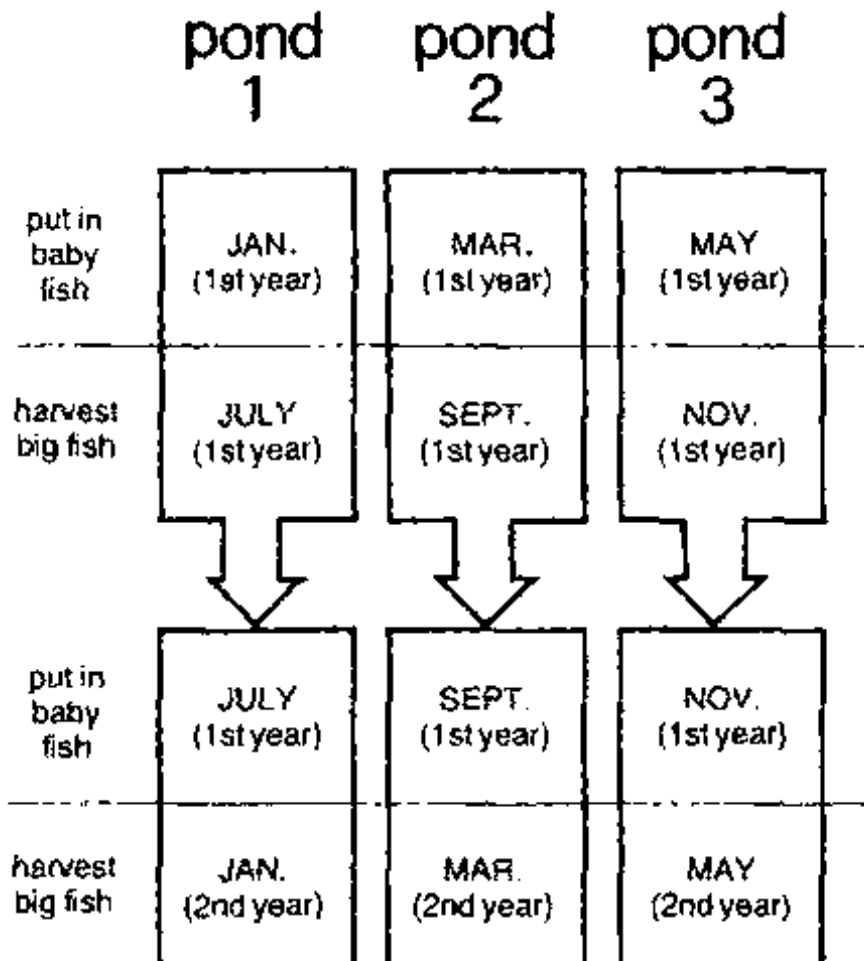
97. If you put baby fish in different ponds at different times, you will harvest them at different times. This way, you will not harvest too many fish at the same time and you can harvest fish all year round.

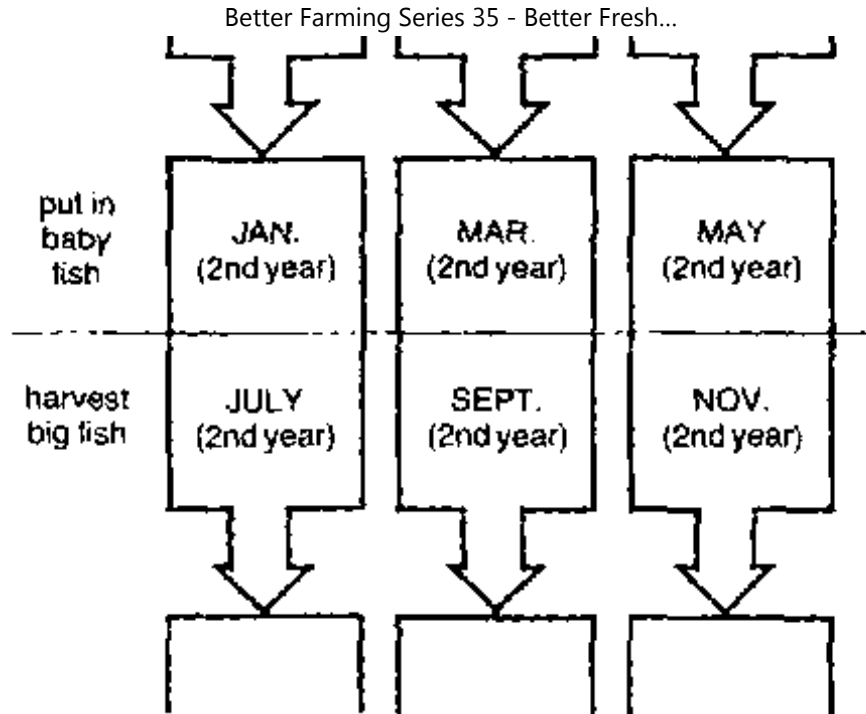


Harvest fish all the year

98. If you have three ponds and a good supply of baby fish, you can stock each pond in a different month of the year and harvest each pond six months later. The diagram on the next page will show you how to harvest and stock three ponds.

99. If you need help, your extension agent or fishery officer will be able to give you good advice on when to put in the baby fish and when to harvest them.





Take advice from extension agent or fishery officer

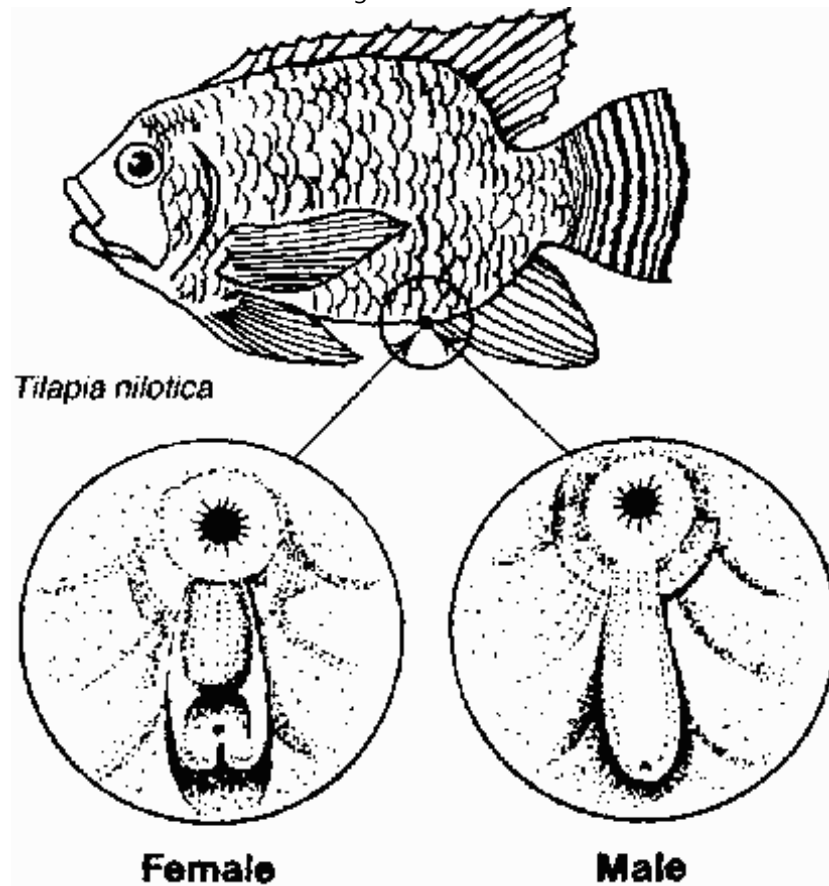
Growing only male fish

100. You can further improve your fish- farming by growing only

male tilapia in your ponds. Male tilapia grow bigger faster because without baby fish to feed, all the food that you put into your ponds will be eaten by the male fish.

101. If you decide to grow male fish, use fish that are at least 10 centimetres long so that you can harvest them sooner. A male fish of this length will be fully grown in three to four months.

102. If you have a nursery pond, you can get male fish from it. The drawing below shows you the difference between male and female tilapia.



Difference between male and female tilapia

103. If you do not have a nursery pond, you may be able to buy male fish from another fish farmer or from a fish culture station.



Buy fish

Harvesting your fish

104. Items 91 to 98 in Booklet No. 27 and Items 114 to 144 in Booklet No. 30 tell you how to harvest your fish and what to do with them after they have been harvested.

105. Here are some other things that you should know about

harvesting to improve your fish- farming further.

Harvesting many fish

106. With bigger ponds and more ponds, you will harvest many more fish. You must be sure, however, that you will be able to use, sell or preserve all of the fish that you harvest.

107. If you will have too many fish to use, sell or preserve by harvesting all of them at the same time, harvest them at different times. You can harvest a few of your fish at two or three different times.

108. You can do this by draining part of the water from your pond and collecting only some of the fish on the first day you harvest. When you have used, sold or preserved these fish, you can harvest more of them.



drain all of the water and collect part of the fish

109. When you are ready to harvest the last of the fish, drain all of the water from the pond and harvest the remaining fish. First, collect the baby fish for your nursery pond and then collect the big fish.



Drain the water

Harvesting fish when you have a monk

110. If you have built a monk for the outlet of any of your ponds (see pages 18 to 23 in this booklet), you can harvest your fish in

two ways:

- you can harvest inside your pond just in front of the monk
- you can harvest outside your pond after the fish have passed through the monk.

111. To harvest your fish inside the pond, remove the wooden boards from the monk one row at a time. Each time you remove a row of boards from the monk, be sure to put the screen back on top to keep your fish from getting out.

112. When the water is partly drained from your pond, harvest part of the fish from the water just in front of the monk.

113. When you are ready to harvest the rest of your fish, continue to take out the boards one by one. However, put back the screen each time until the pond is empty. When all of the water is out, you can harvest the remaining fish. First collect the baby fish and then collect the big fish.





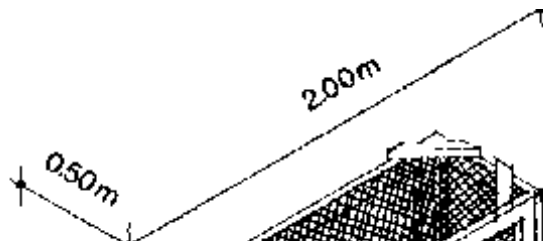
Harvesting inside the pond

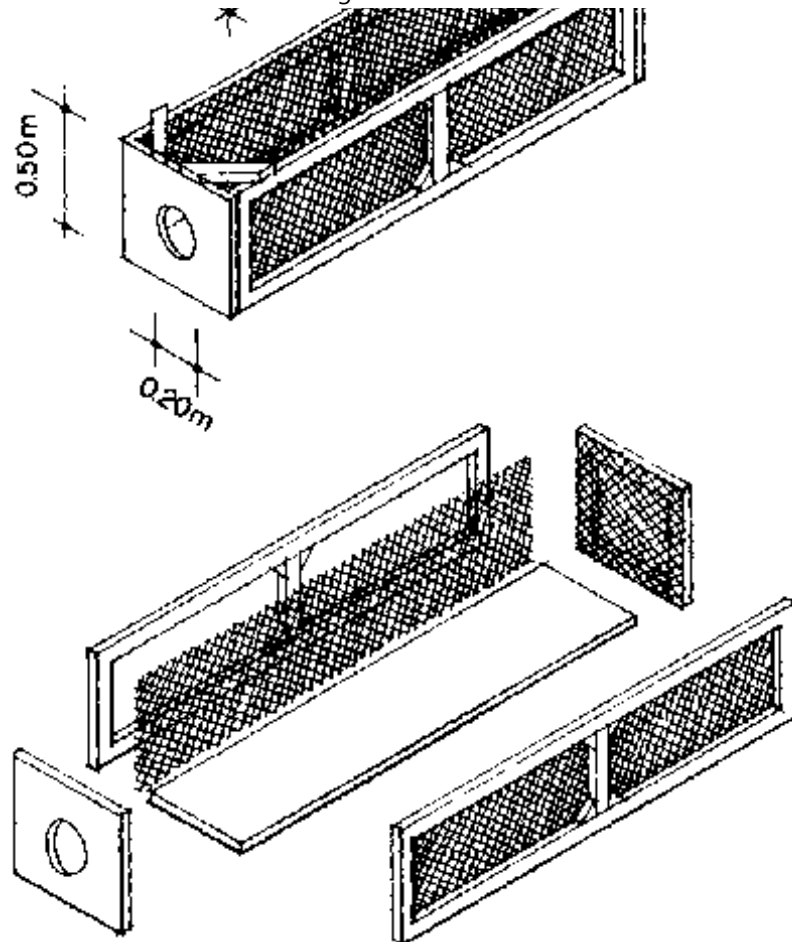
Note

Muddy water Is bad for baby fish. If you must walk in the water to collect the baby fish, let a little clean water flow through the pond to keep it from getting too muddy.

114. When you have a monk it is sometimes easier to harvest outside the pond using a screened wooden box to collect the fish, after they have passed through the monk.

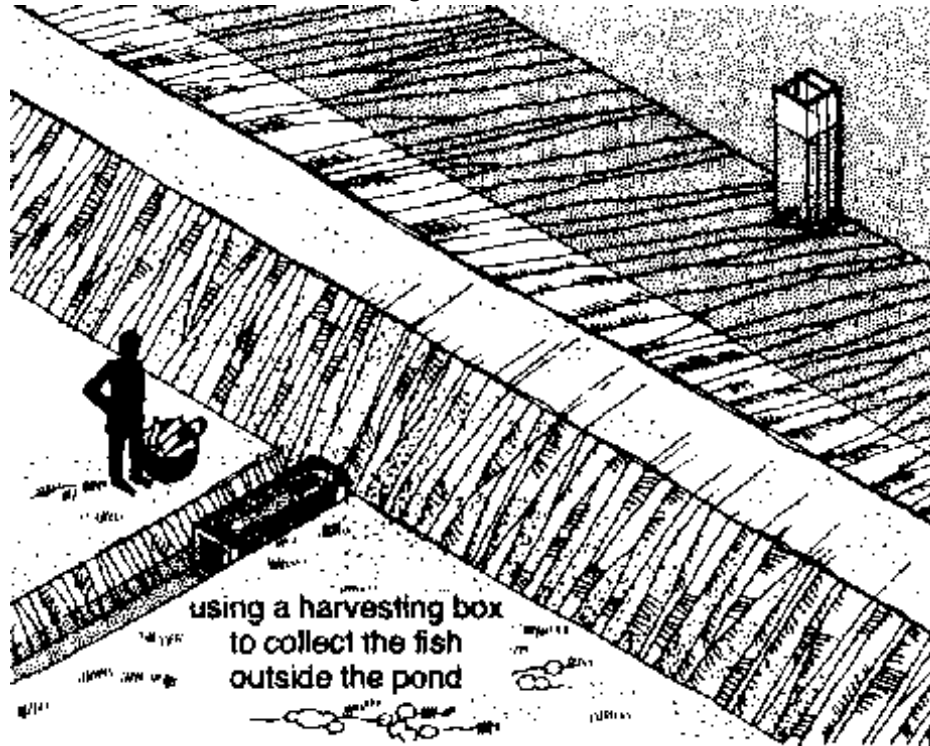
115. The drawings below show you how to build a harvesting box, using strips of wood and screen, and how big it should be.





Harvesting box

116. When you are ready to harvest your fish, put the harvesting box in the outlet ditch outside your pond at the end of the pipe from the monk. Make sure that the pipe is well inside the harvesting box so that the fish will not get out.



Using a harvesting box

117. Now, take the screen out of your monk and remove the wooden boards one row at a time. The water will begin to flow out

of your pond.

118. Do not put back the screen. When the level of the water in your pond is low enough, the fish will begin to pass over the boards and through the monk to the harvesting box. When they are in the box, you can collect them easily.



[Home](#)"" """"> [ar](#).[cn](#).[de](#).[en](#).[es](#).[fr](#).[id](#).[it](#).[ph](#).[po](#).[ru](#).[sw](#)



Better Farming Series 35 - Better
Freshwater Fish Farming: Further
Improvement (FAO, 1986, 61 p.)



(introduction...)



Preface



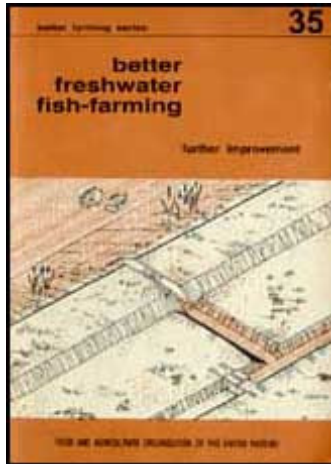
Introduction



The ponds



Bringing water to your ponds



- 📄 Better fertilizing
- 📁 The fish
- ➡ 📄 Your farm and your fish- ponds
- 📄 Your fish- ponds and your health

Your farm and your fish- ponds

119. Today, many farmers have learned that they can manage their fish- ponds together with their farm animals, gardens and fields so that they will all grow better and produce more.

120. Fish, animals and plants live and grow in different ways and produce different things that can help all of them to live and grow better.

121. You have already learned how to put animal manure into your ponds so that the water will be rich in the natural foods that your fish need to eat. In this way, the animals help the fish to live and grow better.

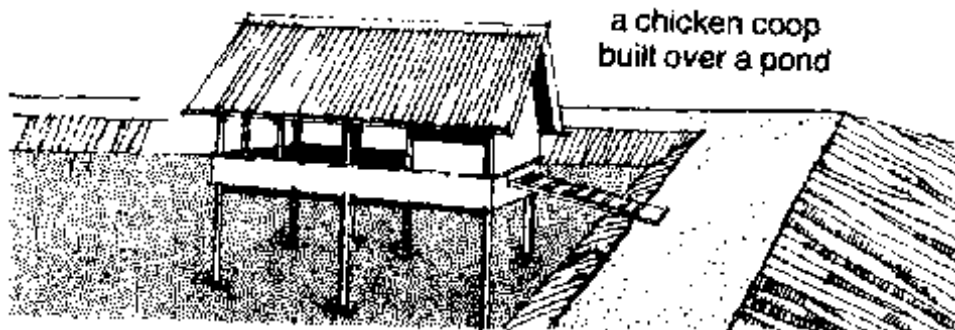
122. Here are some other ways to manage your farm animals, gardens and fields so that they will help each other to grow better and produce more.

123. You can raise ducks in your fish- ponds so that much of their manure will go into the water. This will help your fish to grow. At the same time, the ducks will feed on the plants that grow in your ponds and help to keep your ponds free of plants, weeds and snails.



Keep the ponds free of plants, weeds and snails

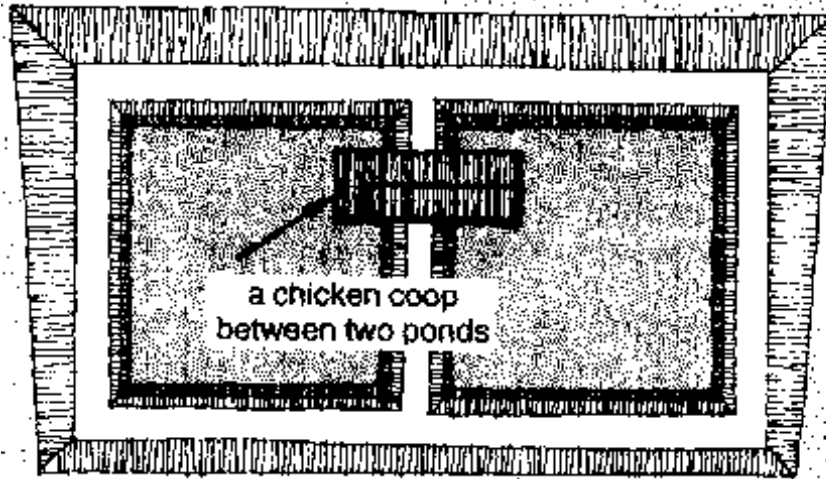
124. You can raise chickens or pigs near your ponds. If you build chicken coops or pig pens on the banks or over the ponds, you can sweep the manure into the ponds. Your ponds will supply water for the animals and the animals will supply fertilizer to help keep the water in your ponds rich.



A chicken coop

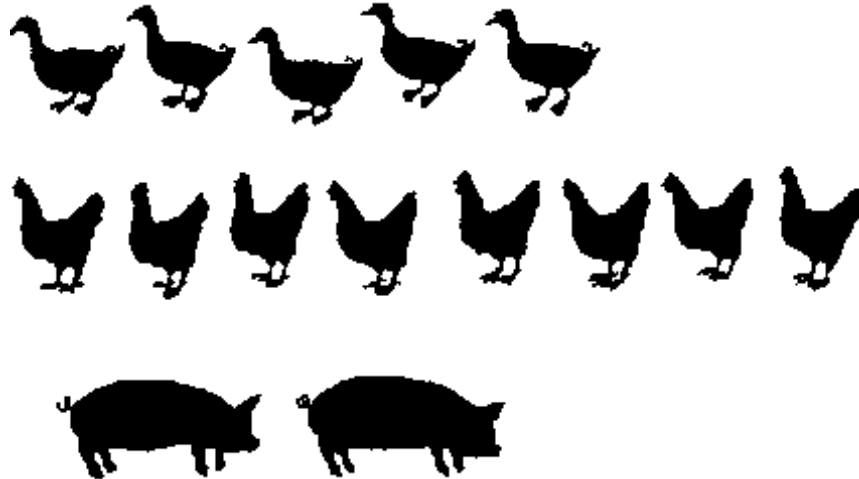
Note

If you have built your ponds side by side, you can build a chicken coop or a pig pen on top of the bank between two ponds and sweep the manure into both ponds.



A chicken coop between two ponds

125. Begin with either four to five ducks, five to eight chickens or one to two pigs for each 100 square metres of pond. Later you may be able to keep even more.

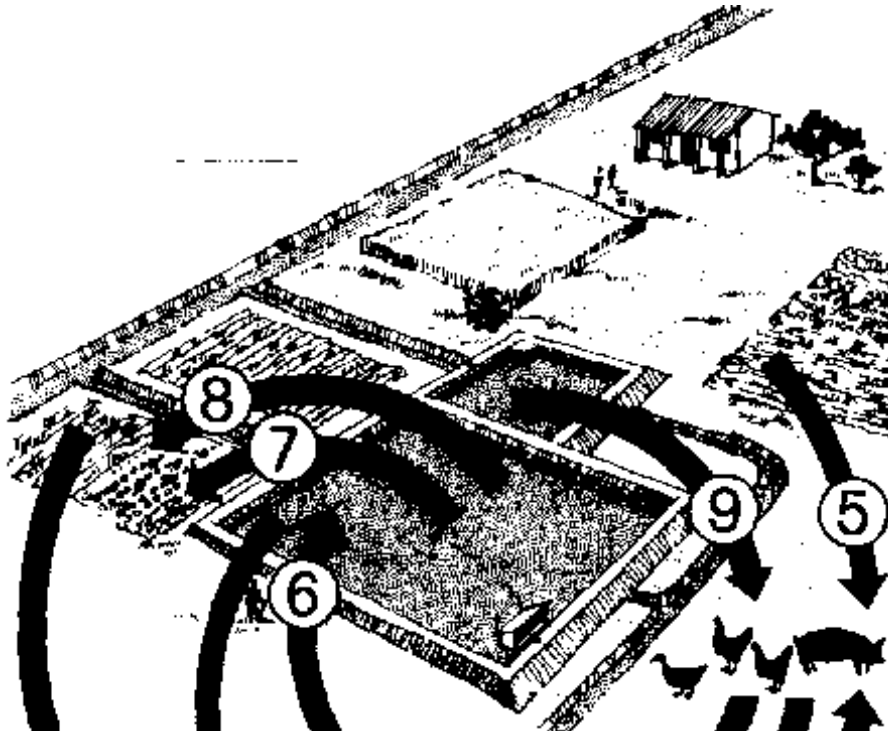


Keep ducks, chickens or pigs

126. You can plant vegetables on the banks of your ponds. You can plant such things as tomatoes, beans, soybeans, groundnuts or maize.

127. You can also have a garden nearby. This way, you can use the water from your ponds to water your vegetables.

128. When you drain the water from your ponds to harvest the fish, you will find a layer of soft mud on the bottom. This soft mud is a very good fertilizer to put on your garden or fields, or on your pond banks if you are growing vegetables there.





1 fish for your family; 2 vegetables for your family; 3 meat for your family; 4 waste food for your animals; 6 animal manure for your ponds; 7 water for your garden; 8 fertilizer for your garden; 9 water for your animals

129. Spoiled vegetables or vegetable wastes such as plant leaves and stalks can be fed to your chickens, ducks or pigs, or they can be put into your ponds for your fish to eat or to help keep the water green and rich.

130. So, you can see that with very little extra work you can

manage your fish, ducks, chickens, pigs, farm fields and garden in such a way that they will help each other to produce more.

131. If you want to know more about how to manage your farm and your fish- ponds together, your extension agent or fishery officer will be able to give you good advice.



[Home](#) > [ar](#).[cn](#).[de](#).[en](#).[es](#).[fr](#).[id](#).[it](#).[ph](#).[po](#).[ru](#).[sw](#)



Better Farming Series 35 - Better
Freshwater Fish Farming: Further
Improvement (FAO, 1986, 61 p.)



(introduction...)



Preface



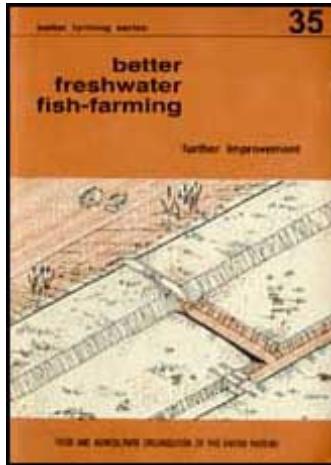
Introduction



The ponds



Bringing water to your ponds



Better fertilizing



The fish



Your farm and your fish- ponds

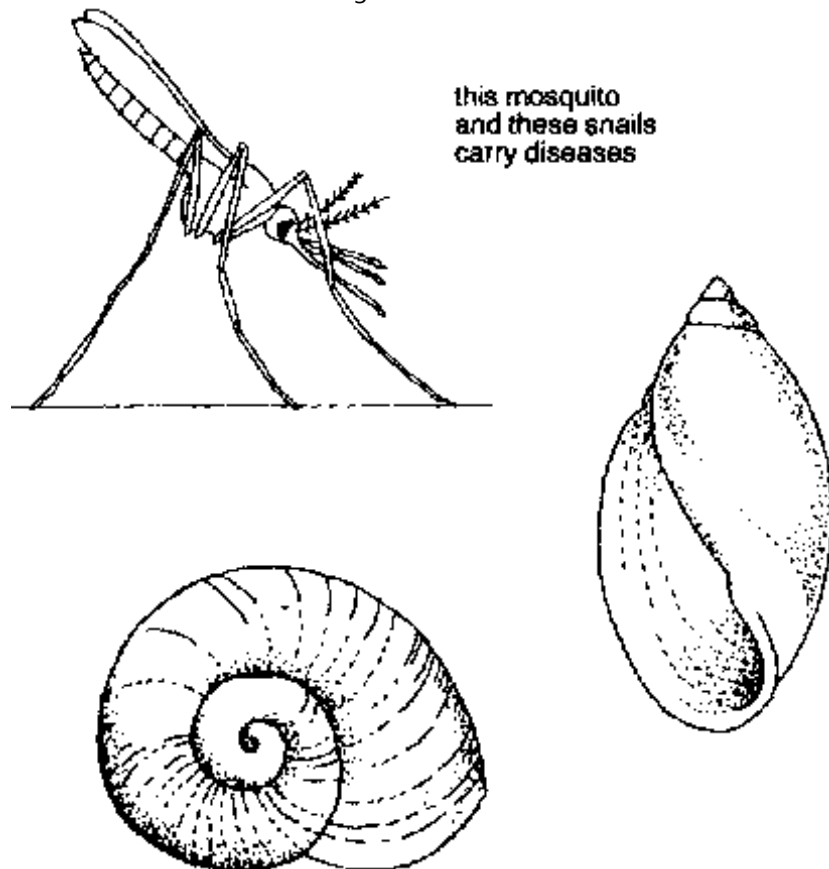


Your fish- ponds and your health

Your fish- ponds and your health

132. The following are some very important things that you should know to keep you and your family healthy.

133. A certain kind of mosquito and some kinds of freshwater snails carry diseases that can make you very sick.



Mosquitos and snails

134. If the plants or weeds in your ponds or on the banks of your ponds become too thick, snails and mosquitoes can live and grow very easily.

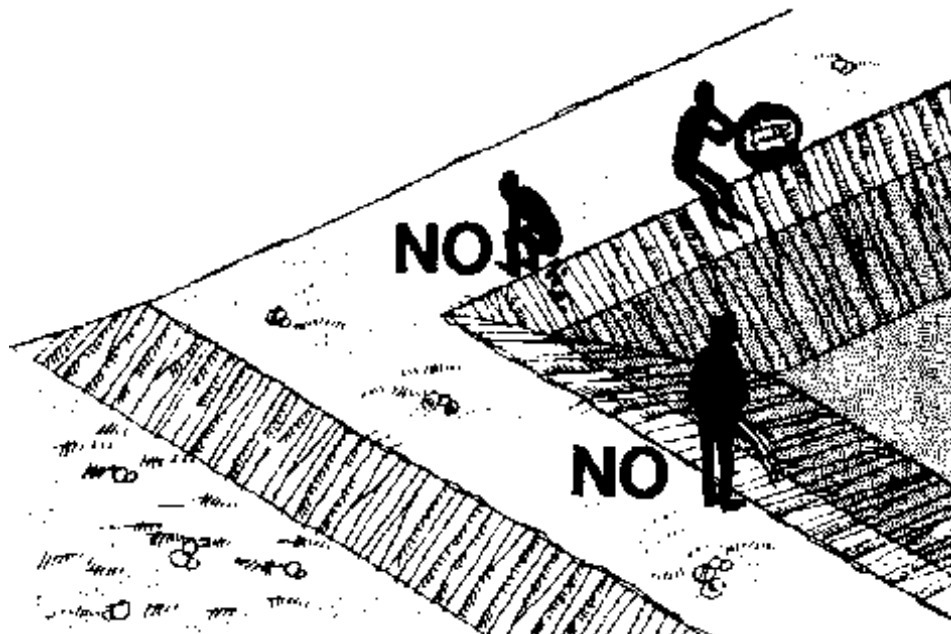
135. So, from time to time, clean out the plants in your ponds and cut the weeds and grass on the banks. The weeds and grass on the banks should not hang into the water of any of your ponds.



Clean the plants

136. Never use one of your ponds as a toilet, or you and your

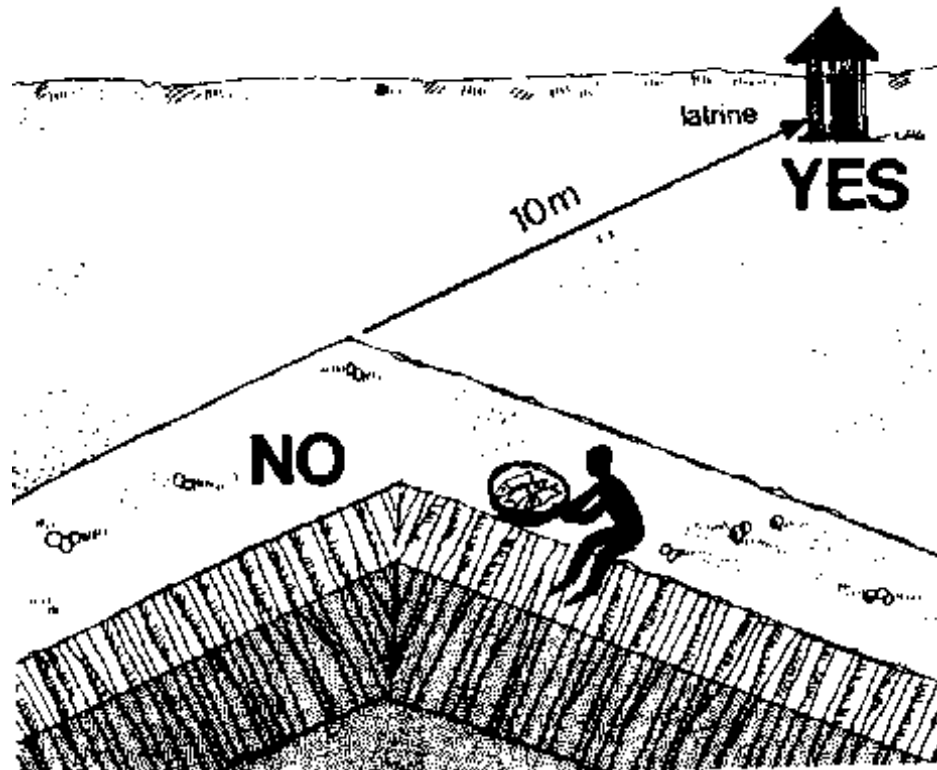
family may become sick.



Don't use the ponds as toilet

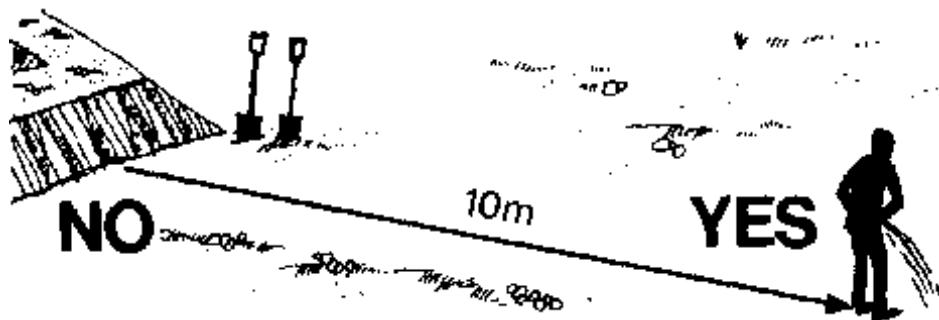
137. If you have a latrine, use it. However, a latrine should be at least 10 metres away from any of your ponds and from your water

supply.



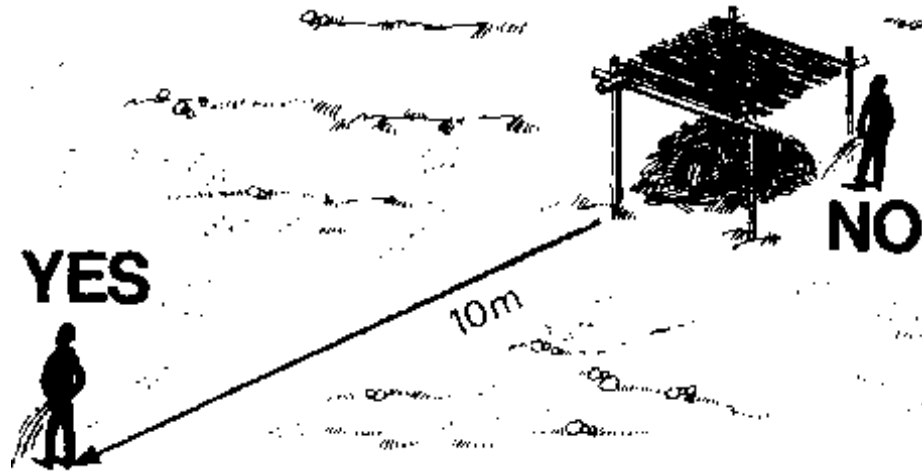
The latrine should be away

138. If you have to relieve yourself while you are working near your ponds, near the stream that supplies your water or near your supply or inlet ditches, first walk at least 10 metres away.



Relieve yourself 10 metres away of pond

139. Never relieve yourself on or near your compost pile. Use your latrine, or relieve yourself at least 10 metres away.



Relieve yourself 10 metres away of Compost pile

140. If you are careful about all of these things, it will help to keep you and your family from getting sick.

